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tatively, Among the Bland guilting tree to the Statively and the Statively tree to the Statively tree to the Statively the Blood guiltings, to be accessed the Blood Child in a few of the Alege & guilting tree to the Statively and while the Statively discontinuous to the Statively and Statively a

Cot 11.27.39. If vergones in the fewerfold of him that flew Can, what is geamer that Erica are him that Erica alrests the Lord of glory?

The hereits bear of Digner pales of the country to covere the country of such pales were; If we come the heart of such pales more follows, were facted, or more country fellows, then the reproject time of the second love of the Father, and the most parents for of the Son? When for each to make the control of the Son?

the mile and a mile mile is an

nishment can be more terrible, than for such a wretched foul to eat and drink Damnation to it (elf.? Melancthon records a very dreadful example of Gods righteous Judgment upon a company of prophane wretches, who in a Tragedy intended to act the death of Christ upon the Crofs. He that acted the Souldiers part, instead of piercing with his Spear a bladder full of blood bid under the garment, wounded bim to death that was upon the Crofs; who falling down, killed him, who (in a disquise) acted the part of the woman that flood wailing under the Cross. His Brother, who was first flain, flew the murderer, who atted the Souldiers part; and for slaying him, was bimself banged by order of Justice. Thus did the vengeance of God speadily overtake them, and hang'd them up in Chains, for a warning to all that should ever dare to dally with the great and jealous God.

These are terrible strokes, and yet not so terrible as those which are more ordinarily, but less sensibly institted upon the inner man

for the abuse of this Ordinance.

To prevent these Judgments, and obtain

those Bleffings which come through this Ordinance, great regard must be had to two things, viz 1. The Inbeing. 2. The

Activity of true Grace.

1. Examine thy self, Reader, whether there be any gracious principle planted in thy soul, whereby thou art alive indeed unto God. It was an antient abuse of the Sacrament (condemned and cast out by the Carthaginian Council) to Concil. Carthage.

Carthaginian Council) to give it unto dead men. Dead Jouly can have no Communion with the living God;

Can. 6. Placuit ut defunctorum corporibus non detur Eucharistia, &c.

no more benefit from this

Table, than the Emperors Guelts had from his Table, where Loaves of Gold were let before them to eat. There is more than a show of grace in the Sacrament; it hath not only the wifible sign, but the spiritual grace also which it represents. See that there he more than a show or wisible sign of grace also in thy soul, when thou comest night to the Lord in that Ordinance. See to the exercise and activity, as well as to the truth and sincerity of thy grace. Even a Believer himself doth

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not

not eat and drink worthily, unless the grace that is in him be excited and exercised at this Ordinance. It is not Faith inhering, but Faith realizing, applying and powerfully working. It is not a disposition to himiliation for sin, but the actual thaying and melting of the heart for sin, whilf thou lookest on him whom thou hast pierced, and mournest for him, as one that mourneth for his only Son, for his First-born. Nor is it a disposition or principle of love to Christ that is only required, but the stirring up of that fire of love, the exciting of it into a vehement stame.

I know the excitations and exercises of grace are attended with great difficulties. They are not things within our command, and at our beck. O! 'tis hard,' tis hard indeed, Reader, even after God hath taken the heart of stone out of thee, and given thee an heart of stell, to mourn actually for sin, even when so great an occasion and call is given thee to that work at the Lords Table; for the same power is requisite to excite the act that was required to plant the babit. Gratia gratiam postulat.

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TO A B B H P S

Morever, the duty is thine, though the

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power be Gods; why else are his people blamed, because they stirred not up themselves

to take bold of bim? Ifa. 64.7.

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To assist thee in this work, some belp is of fered in the following Meditations. 'Tis true it is not the realing of the best Meditation? another can prepare for thee, that will alter the temper of thy beart, except the Spirit of God concur with these truths, and bless them to thy foul: But yet these helps must not be lighted, because they are not self-sufficient. Man lives not by bread alone, but by every word that proceedeth out of the mouth of God; yet it were a fond vanity and fin for any man upon that ground, to cast away bread, and expect to live by a miracle without it. We must lift up our bearts to God for a bleffing, and then eat; do the same bere, first pray, then read, and the Lord quicken thee by it for duty. There are two things of special concernment to the Reader, when thou art to address thy self to any solemn duty, especially (uch as this.

1. Prepare for thy duty diligently.

^{2.} Rely not up n thy preparations.

I. Prepare with all diligence for thy duty; take pains with thy dull beart; cleanse thy polluted beart; compose thy vain beart; remember bow great a presence thou art ap proaching. If Augustus thus re-Non putaproved one that intertained him bam me tibi without suitable preparation, aytam familiarem. ing, I did not think we had been so familiar; much more may thy God reprove thee for thy careless neglect of due preparation for him.

2. But yet take heed on the other fide, that thou rely not upon thy best preparations. It is an ingenious and true note of Luther, speaking to this very point of

preparation for the Sacrament; Tunc pessime Never are men more unfit, than disposirus quan- when they think themselves most do aprissime.

fit, and best prepared for their duty; never more fit, than when most

humbled and ashamed in a sense of their own unsitness. That the bleffing of God, and the breathings of his good Spirit, may accompany these poor Labours so thy loul, is the hearts defire of

Thy Servant in Christ,

John Flavell.

Sacramental Meditations on the following felect places of Scripture.

M Edit. upon Pfal. 89. 7. God is greatly to be feared in the Assembly of his Saints, and to be had in reverence of all that are about h.m.

Il Dedit. upon fer. 12. 2. Thou art near in their mouth, and far from their reins.

III Devit. upon Rom. 7. 21. I find then a Law, that when I would do good, evil is present with me.

IV Denit. upon Ephef. 1. 13. In whom also, after that ye believed, ye were sealed with the holy Spirit of Promise.

V Detit. upon John 1.29. Behold the Lamb of God which taketh away the sins

of the world.

VI Dedit. upon Rom. 8. 32. He that spared not his own Son, but delivered him up for us all, how shall be not with him also freely give us all things?

VII Dedit. upon Mark 9. 24. And Graightway the Father of the Child cried,

and faid with tears, Lord, I believe, help my unbelief.

VIII Debit. upon Pfal. 40. 8. I delight to. do thy will O my God; yea thy Law is

within my beart.

IX Specit. upon Zech. 22. 10. part. And they shall look upon him whom they have pierced, and they shall mourn for him as one mourneth for his only Son, and shall be in histerness for him, as one that is in hitterness for his first born.

X Detit. upon John 6. 55. For my flesh is meat indeed, and my blood is drink

indeed.

XI Medit. upon Canticles 8.6. Set me as a Seal upon thy heart, as a Seal upon thine arm; for love is strong as death, jealousie is cruel as the grave; the coals therefor are coals of sire, which bath a most vehement stame.

XII Dedit. upon Epbes. 3. 19. And to know the love of Christ which passets know-

ledge.

The First Meditation.

UPON

Pfal. 89. 7. God is greatly to be feared in the Assembly of his Saints, and to be had in reverence of all that are about him.

HERE are special Seasons wherein the Saints approach near unto God in this Life, and wherein the Lord comes near unto them.

It pleaseth the Majesty of Heaven sometimes to admit poor worms of the Earth to such sensible and sweet perceptions of himself, as are sound above all expressions, and seems to be a transient glance upon that glory, which glorisied eyes more steadily behold above, Believing,

we rejoyce with joy unfpeakable, and full of glory, or glorified joy; as it is, 1 Pet. 1.8. And yet how fweet and excellent fo-

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foever these foretasts of Heaven are, Heaven it self will be an unspeakable surprize to the Saints, when they shall come thither.

Now among all those Ordinances, wherein the blessed God manifests himself to the Children of Men, none are found to set forth more of the joy of his presence, than that of the Lards Supper: At that blessed Table are such tensible embraces betwixt Christ and Believers, as do assord a delight and solace beyond the joy of the whole Earth.

And where such special manifestations of God are, suitable dispositions and preparations should be found on our part to meet

the Lord.

And certainly we shall find reason enough for it, if we will consider the importance of this Scripture before us, God is greatly to be feared in the Membly of his Saints, and to be had in reverence of all that are round about him: Wherein we have, I. The Object. 2. The Subject. 3. The Mode of Divine Worship.

First, The Object of Worship, God;

God is to feared: In all Divine Worship Men and Angels have to do with God. All things (saith the Apostle) are open and naked to the eyes of him with whom we have to do, Heb. 4. 13. with whom we have speech or business. So it may be sensed, when we worship, we draw night to God, and that about the greatest concerns and

weightiest business in the world.

Secondly, The Subject, or the persons that approach unto God in his worship, bis Saints, and all that are about him. By Saints, many Interpreters do in this place understand the Angels, called Saints from the purity and holiness of their nature; and so make the next clause exegetical of this. Those that before were call'd Saints in respect of their Nature, are in the next words faid to be fuch as are round about him; his Satellites, Attendants, or those that stand as Servants about him, to do his pleasure, where they are described by their Office; and both these seem to be grounded upon the precedent Verses. Who in the Heaven can be compared to the Lord? Who among

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the Sons of the Mighty (or of God, so the Angels are call'd, fob 1.6.) can be likened to the Lord? And though it be true, that the Angels worship and serve the Lord with greatest reverence and dread (for these are bis nigh Ones, or such as are round about him) yet there is no necessity to limit this Scripture fo narrowly, by excluding the people of God on Earth; they also are his Saints, and more frequently fo stiled, tho' they be Saints of a lower Class and Order; and they also are round about him as well as the Angels, and when they worthip him, he is in the midft of them, Mat. 18. 20. and the place where they Affemble to worship, is call'd the place of his Feet, I/a. 60. 13. But if we find not the Saints on Earth in the direct and immediate sense of this Text, yet we must needs meer them in the rebound and confequence: For if creatures fo much above us as the Angels, do perform their Service, and pay their Homage to the highest Majesty with so much fear and reverence, shall not inferiour creatures, the poor Worms of

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the Earth, tremble at his presence? And

this brings us to the third thing.

Namely, 3. The Mode, or manner in which the Worship of God is to be performed, viz. with great fear and reverence. God is greatly to be feared. Pifcator translates it, Vehementer formidandus, to be vehemently feared; and opposes it to that formal, careless, trifling, vain spirit, which too often is found in those that approach the Lord in the duties of his Worship. The Observation from hence will be this.

Obs. That the greatest composedness and seriousness of spirit is due to God, from all those that draw nigh unto him in

his Worship.

And this is no more than what the Lord exprelly requires at our hands, Lev. 10 3. I will be fanctified in them that come night unto me: So Heb. 12.28. Let us have grace, whereby we may ferve God acceptably, with reverence and godly fear, for our God is a consuming fire.

And as this disposition and temper of pirit is due to every act and part of Gods

the Lords Supper.

It is the observation of the Casuist, that Sacramentum & mortis articulus aguiparantur; The Sacrament of the Lords Supper, and the very point of death require equal seriousness: a mans spirit should be as deeply solemn and composed at the Lords Table, as upon a Death-bed: We should go to that Ordinance, as if we were then

going into another world.

The Primitive Christians used to sit up whole nights in Meditation and Prayer, before their participation of the Lords Supper; and these nights were call'd Vigilia, their Watches. Such was the Reverence the Saints had for this Ordinance (which they usually call'd myserium tremendum, a tremendous mystery) that they would not give sleep to their eyes, or slumber to their eye-lids, when so great and solemn a day drew near, Chrysoft lib. 3. de Saeerdot.

Bacramental Proitations.

And that all this following preparation is no more than needs, will convincingly appear to us upon the following grounds and reasons.

Reason t. From the solemn nature and ends of this Ordinance; for what is the express design and use of it, but a lively representation of the Lords death, I Cor. II. 26. As often as ye eas this Bread, and drink this Cup, ye do shew the Lords death till be some. Jesus Christ is therein set forth Crucified before is, and not to make a bare representation of it to us, as a thing wherein we have no personal interest or concernment, but to represent his death lively, and seal our title to it sirmly; This is my body which is broken for you, verse 24.

Now, which of these is to be attended with a dead, careless, and slight spirit? Is't the representation of Christs death? God forbid. O! if there be any subject of Meditation in the world able to drink up the

very spirits of a man, this is it.

The Sun fainted, the Heavens mourn'd in black; the very Rocks rent in pieces

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when this Tragedy was acted; and shall our hearts be more sensies and obdurate than they at the representation of it? But loe, here is more than a representation; Christ is set forth in this Ordinance as Crucified for you, as suffering and enduring all this in

your room and flead: Now,

Suppose, Reader, thy self to be justly condemned to the tortufe of the Rack, or Strappado; and that thy Father, Brother, or dearest Friend preferring thy life to his own, would become thy 'Arrioux &, Ranfomer, by undergoing the torment for thee; and all that is left for thee to fuffer, were only by way of sympathy with him? Suppole now thy felt standing by that Engine of Torture, and beholding the members of thy dear Friend distorted, and all out of joynt, hearing the doleful groans extorted by the extremity of anguish; and under all these torments, still maintaining a constant love to thee, not once repenting his torments for thee; couldst thou stand there with dry eyes? could thy heart be unaffected and stupid at such a sight? Write him

bim rather a Beaft, a Stone, than a Man, that could do fo.

But this is not all . The Believers interest in Christ is Sealed, as well as the sufferings of Christ represented in this Ordinance.

And is a Sealed Interest in Christ so cheap or common a thing, as that it should not engage, yea, swallow up all the powers of thy

foul? O what is this! what is this!

The Seal of God fet to the Soul of a poor Sinner, to confirm and ratifie its title to the Person of Christ, and the inestimable Treafures of his Blood! Surely as the fealing up of a man to Damnation, is the fum of all mifery, and that poor creature that is fo fealed, hath cause enough to mourn and wail to Eternity: So the fealing up of a Soul to Salvation, is the furn of all mercy and happines; and the Soul that is so fealed, hath cause enough to lie at the feet of God, overwhelmed with the sense of so invaluable a mercy.

Reaf. 2. As the nature and ends of the Ordinance call for the greatest composedness of spirit; so the danger of unworthy

receiving

receiving should work our hearts to the most serious frames: For if a man be here without his Wedding-garment, if he eat and drink unworthily, it is at the greatest peril of his Soul that he doth so, 1 Cor. 11. v. 27. Wherefore, whosever shall eat this Bread, and drink this Cup of the Lord unworthily, shall be guilty of the Body and

Blood of the Lord.

To prophane and undervalue that Body and Blood of the Lord, is a fin above meafure finful, and the punishments of such fins will be most dreadful; for still, the more excellent the Blessings are that come by any Ordinance, the more dreadful the Curses are that avenge the abuse of such mercies. How soon may a man draw fearful guilt upon his soul, and dreadful Judgments upon his body, by an heedless management of such sacred mysteries! For this cause many are weak and sickly among you, and many sleep, verse 30.

Mr. Tho. Goodwins

Epiflu to Mr. Fenners Sermon.

It is a most weighty Note that a worthy Pen sets upon this Scripture; they

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discerned not the Body of his Son Jesus Christ in his Ordinances; but instead of that holy, reverend, and deep-dyed behaviour which was due to it, both from their inner and outward man, as being a creature of the highest and deepest Sanctification that ever God fanctified ; fanctified not only to a more excellent and glorious condition, but also to many ends and purposes, of far higher and dearer concernment, both for the glory of God, and benefit of men themselves, than all other creatures what-Toever, whether in Heaven or Earth: they handled and dealt by it in both kinds, as if it had been a common or unfanctified thing: Thus they discerned not the Lords Body.

And as they discerned not his Body, so neither did God (in some sense) discern theirs; but in those fore Strokes and heavy, Judgments which he inflicted on them, had them in no other regard or consideration, than as if they had been the bodies of his Enemies, the bodies of wicked and sinful men. Thus drawing the model and plat-

form of their punishment (as usually he doth) from the structure and proportion

of their fin.

Thus the Just and Righteous God builds up the breaches that we make upon the honour belonging to the body of his Son, with the ruins of that honour which he had given unto ours, in health, strength, life, and many other outward comforts and supports.

O then what need is there of a most awful and composed spirit, when we ap-

proach the Lord in this Ordinance!

Reas. 3. As the danger of unworthy receiving should compose us to the greatest seriousness; so the remembrance of that frame and temper Christs Spirit was in, when he actually suffered those things for us, should compose our spirits into a frame more suitable and agreeable to his; when we see his death, as it were, acted over again before our eyes, was his heart roving and wandering in that day? Did he not sense and mind the work he was going about? Was his heart like thine, stupid and unaffected

Sacramental Peditations.

unaffected with these things? Look but upon that Text, Luke 22.44. and you shall
see whether it were so or no. It's said
(when this Tragedy drew nigh, and his
Enemies were ready to seize him in the
Garden) That being in an Agony, he prayed
more earnestly, and his sweat was, as it
were, great drops of blood falling down to
the ground: And Mat. 26.38. he saith, My
soul is exceeding sorrowful, even unto death.
His soul was tull of sorrow, and is thine
sull of stupidity? God forbid.

If thy heart be cold, Christ's was hot: If thou canst not shed a tear, he poured out clods of blood from every part. Oh! how unsuitable is a dry eye, and an hard

heart to fuch an Ordinance as this!

Reaf. 4. As the frame Christ's Spirit was in, at his death, should command the most solemn frame upon our spirits, at the recognizing of it; so the things here represented, require and call for the highest exercise of every grace of the Spirit in our souls; for we come not thither as idle Speciators, but as active Instruments to glorifie God

14 Sacramental Deditations.

God by exercifing every grace upon Christ, as Crucified for us. Behold here are among the rest, 1. The proper object of Faith.

2. The flowing spring of Repentance.

3. The powerful attractive of Love.

First, The proper object of Faith is here. This Ordinance, as a glass, represents to thine eye that glorious Person, of whom the Father faid, This is my Beloved Son, in whom I am well pleased, Mat. 17. 5. Of whom he faid, I have laid help upon one that is mighty. This was he that was made fin for us, who bad no fin, that we might be made the righteousness of God in him, 2 Cor. 5.21. Who trod the Wine press alone, and is here to be feen in his red Garments: Every drop of his precious Blood hath a tongue calling for Faith to behold it, poured forth as a Sacrifice to God for fin. This (faith he) is the Cup of the New Testament in my Blood, which was shed for many, for the remission of sins.

And what footing could thy Faith find for Pardon and Salvation any where else? Tis Christ Crusified that Faith class as the last and only hope and refuge of a poor Sinner. Here all Believers drop Anchor: This is that bleffed object on whom they take the dead gripe, or last grasp, when their eye strings and heart-strings are breaking. When you see the Blood of Christ flowing forth, how can Faith be silent in thy soul? When he bids thee, as it were, to put thy singer into his side, shews thee his hands and his feet there, it will cry out in thy soul, My Lord, and my God.

Secondly, The flowing spring of Repentance is here, if there be any fire that can melt, or hammer that can break a hard heart, here it is, Zeeb. 12.10. They shall look upon me whom they have pierced, and mourn. Nothing lays a gracious soul lower in it self, than to see how low Christ was

laid in his Humiliation for it.

Here the evil of fin is also represented in the clearest glass that ever the eye of man saw in it. The sufferings of the Son of God discover the evil of sin more than the everlasting torments of the damned can do. So that if there be but one drop of C 2 spiritual

fpiritual forrow in the heart of a Christian, here, me-thinks, it should be seen dropping

from the eye of Faith.

Thirdly, The most attractive object of love is here: Put all created Beauties, Excellencies and Perfections together, and what are they but blackness and deforming compared with lovely Jesus? My Beloved (faith the enamour'd Spouse) is white and ruddy, Cant. 5: 10. Behold him at the Table in his perfect Innocency, and unparallel'd Sufferings. This is he who was rich, but for our sakes became poor, that we through his powerty might be rich, 2 Cor. 8.9. This is he that parted with his honour first, and his life next; yea, he parted with his honour in his Incarnation, that he might be capable to part with his life for our Redemption.

Behold here the degrees of his Sufferings, and by them measure the degrees of his Love. Behold in his death, as in the Deluge all the Fountains beneath, and the Windows of Heaven above opened; the Wrath of God, the cruelty of Men, the fury

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fury of Hell breaking in together upon him, and his foul furrounded with forcow: And how can this be represented, and thy foul not astonished at this amazing matchless love of Christ? Surely one slame doth not more naturally produce another, than the love of Christ thus represented to a gracious soul, doth produce love to Christ, and that in the most intense degree.

Use 1. How naturally doth this Doctrine shame and humble the best hearts for their sinful discomposures, vanity and deadness; for the rovings and wanderings of their hearts, even when they come near the Lord in such a solemn Ordinance as this is?

The holiest man upon Earth may lay his hand upon his breast, & say, Lord, How unfuitable is this heart of mine, to such an object of Faith as is here presented to me? Doth such a temper of spirit suit thine awful presence? Should the represented Agonies and Sufferings of Christ for me, be beheld with a spirit no more concerned, pierced and wounded for sin? O how can I look upon him whom I have pierced, and

not mourn, and be in bitterness for him, as for an only Son, a First-born! O the stupifying and benumming power of fin!

O the efficacy of Unbelief!

It was charged upon the Ifraelites, as the great aggravation of their fin, that they provoked God at the Sea, even at the red Sea, Plal. 106. 7. the place where their miraculous Salvation was wrought. Lord Jefus, my hard heart provokes thee in an higher degree, even at the red Sea of thy precious invaluable Blood, by which my eternal Salvation was wrought. O my God, what a heart have I! Did the Blood of Christ run out so freely and abundantly for me, and cannot I shed one tear for my fins that pierced him? O let me never be friends with my own heart, till it love Christ betrer, and hate sin more!

Use 2. This Scripture harh also an awakening voice to all that come nigh to God in any of his Ordinances, especially in this Ordinance. O Christians! bethink your felves where you are, & what you are doing: Know you not that the King comes in to

fee the Guests? Yea, you do know that God is in this place? an awful Majesty beholds you. All the Churches shall know that I am he that searcheth the heart and the reins, and will give to every one as his work shall be, Rev. 2.23.

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Thy business, Christian, is not with Men, but with God, and the solemness business that ever thy thoughts were conversant about. Thou art here to recognize the sufferings of thy Redeemer, to take the seals and pledges of thy Salvation from the hand of his Spirit; imagine the same thing which is now to be done spiritually, and by the ministry of Faith, were but to be performed vilibly and audibly by the ministry of thy senses.

Suppose Jesus Christ did personally shew himself at this Table, and were pleas'd to make himself known in breaking of Bread, as once he did to the Disciples. Suppose thou sawest him appear at this Table, as he now doth appear in Heaven, as a Lamb that had been slam: Imagine thou heardest him say, Believer, this precious Blood of mine

mine was shed for thee; there be millions of Men and Women in the world naturally as good as thee, that shall have no interest in it, or benefit by it : But for thee it was shed, and for the remission of thy fins; my Blood was the only thing in the world that was equal to the demerit of thy fins, and it hath made full fatisfaction to God for them all: Thy fins which are many, are therefore forgiven thee; my Blood hath purchased the eternal Inheritance of glory for thee; and this day I am come to deliver the seals and pledges thereof into thine hand. Take then the seals of eternal Salvation this day: Take thine own Christ with all that he is and hath, in thine arms ? Whatever I have suffered, done, or precured for any of my Saints, I have fuffered, done, and procured the same for thee. Why, all this is here to be done as really and truly, though in a more spiritual way, at this Table; and shall not such business as this is fully fix and engage thy heart? What then shall do it?

Awake Faith; awake Repentance; awake

Love ;

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Love; yea, let all the powers of my foul be throughly awakened this day, to attend the Lord.

The Second Meditation.

UPON

Jeremy 12.2. Thou art near in their mouths and far from their reins.

THIS Scripture gives us the Character and description of an Hypocrite; and he is here described two ways; viz. 1. By what he hath. 2. By what he hath not. First: The Hypocrite is described by

First: The Hypocrite is described by what he hath; he hath God in his mouth: Thou art near in their mouth: (i.e.) they profess with a full mouth, that they are thy People, saith Piscator; or they speak much about the Law (as another senses it) God, and his Temple, Religion with its rites are much talked of among them, they have him

him in their prayers and duties; and this of is all that the Hypocrite hath of God. Religion only fanctifies his tongue that feems to be dedicated to God, but it penetrates

no farther; and therefore,

Secondly: He is described by that he hath not, or by what he wants; And, I or but thou art far from their reins, (i.e.) they feel not the powers and influences of that name which they fo often invocate and talk of, going down to their very reins, and affecting their very hearts; fo we must understand this Metaphorical expression here, as the opposition directs. For the reins having fo great and fensible a fympathy with the heart, which is the feat of affections and passions, upon that account it is usual in Scripture, to put the hi reins for those intimate and secret affections, thoughts, and passions of the bi heart, with which they have so near cognation, and so sensible a sympathy. When p the heart is under great consternation, the b loins or reinsare seiz'd also, as Dan. 5. 6. Lin

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and his thoughts troubled him, and the joynts of his loins were loofed. On the contrary, e- when the heart is fill'd with delight and pladnes, the reins are said to reioyce. Prov. Wips (peak right things, totus lætitia diffiliam. he shall even leap for joy. So then, when d, the Prophet faith, God is far from the reins of the Hypocrite, the meaning is, he feels not the heart-affecting influence and pown- er of Religion upon his heart and affections, eir as Gods People do. And hence the Note s; will be;

Doct. That God comes nearer to the daties, and reins of his People in their duties, than he doth to any Hypocritical, or formal Professor.

By Gods nearness, we understand not

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he his Omnipresence, that neither comes nor f- goes; nor his love to his People, that ane bides, but the fensible sweet manifestations g. and out-lets of it to their fouls. So in en Pfal. 145. 18. The Lord is nigh unto all ne hat call upon him, unto all that call upon 6. Jim in truth.

Note

Note the restriction and limitation of this glorious priviledge; 'cis the peculiar enjoyment of fincere, and upright hearted Worshippers. Others may have Communion with duties, but not with God in them.

But that God comes nigh, very nigh to upright hearts in their duties, is a truth as fenfibly manifest to spiritual persons, as that they are night he fire, when they feel the comfortable heat of it refreshing them in a cold feafon, when they are almost flarved and benummed with cold. Three

things make this evident.

First: Sincere souls are sensible of Gods accesses to them in their duties; they feel his approaches to their Spirits. Lam. 3.57. Thou drewest near in the day that I called upon thee; thou faidft, Fear not. And what a furprize was that to the Church? Cant. 2. 8. It is the Voice of my Beloved, behold be cometh, &c Certainly there is a felt presence of God, which no words can make another to understand; they feel the Fountain flowing abundantly into the dry pite,

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pits, the heart fills apace, the empty thoughts swell with a fulness of spiritual

things which strive for vent.

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Secondly: They are sensible of Gods recesses, and withdrawments from their spirits, they feel how the ebb follows the slood, and how the waters abate. So you find it in Cant. 5. 6. I opened to my Beloved, but my Beloved bad withdrawn bimself, and was gone, my soul failed when he spake: I sought him, but I could not find him; I called, but he gave me no answer. The Hebrew is very Pathetical, He was gone, he was gone. A sad change of the frame of her heart quickly followed.

Thirdly: The Lords nearness to the hearts and reins of his People in their duties, is evident to them from the effects that it leaves upon their spirits. For look as it is with the Earth and Plants, with respect to the approach or remove of the Sun in the Spring and Autumn: So it is here as Christ speaks, Luke 21. 29. When ye see the Figg-tree and all the Trees shoot forth, we know that Summer is nigh at hand. An

approaching Sun renews the face of the Earth, and makes Nature smile. The Trees bud and bloffom, the Fishes rife, the Birds fing, it's a kind of Refurrection to Nature from the dead. So is it when the Lord comes near the hearts and reine of men in duty : For then they find that.

Dr. Preston, when drine said, I shall change my place, not my company.

First, A real raste of the joy of the Lord is here given to men, the fulness whereof is in Heaven; hence call'd

2 Cor. 1. 22. The earnest of his Spirit : And 1 Pet. 1. 8. Glorified Joy; or a short Salvation, O, what is this? What is this? Certainly it is something that hath no Affinity with flesh, or gross corporeal pleasures; but is of another nature, fomething which transcends all that ever was felt or tasked in this world, fince we were first conversant among sensible objects.

Secondly: A mighty strength and power coming into their fouls, and actuaring all its faculties and graces. When God comes near, new powers enter the

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foul; the feeble is as David, Pfal. 138.3. In the day that I cried, From answereds me, and strengtheneds me with strength in my soul. Cant. 1. 12. Whilst the King sitteth at his Table, my Spikenard, &c. Hope was low, and Faith was weak, little strength in any grace, except desires; but when the Lord comes, strength comes with him. Then as it is Neb. 8. 10. The joy of the Lord is your strength. Othe vigorous sallies of the heart to God! Psal 63.8. O the strength of Love, Cant. 8.6. Duties are other manner of things than they were wont to be. Did not our hearts burn within us? Luk. 24. 32.

Thirdly: A remarkable transformation

and change of spirit follows it.

These things are found to be marvelously assimilating. The sights of God, the selt presence of God, is as fire which quickly assimilates what is put into it, to its own likeness. So 2 Cor. 3. 18. They are said to be changed from glory to glory. It always leaves the mind more refined and abstracted from gross material things, and

changed into the ame Image. They have a fimilitude of God upon them, who have God near unto their hearts and reins.

Fourthly: A vigorous working of the heart Heaven-ward: A mounting of the foul upwards. Now the foul shews that it hath not torgot its way home again. It is with such a Soul as sensibly embraces Christ in the arms of Faith, as it was with Simeon, when he took him bodily into his Arm. Now (saith he) let thy Servant depart in peace, for mine eyes have seen thy Salvation. O! it would have the wings of a Dove to slie away from this polluted world, this unquiet world, and be at rest.

1. Infer. Then certainly there is an Heaven and a state of glory for the Saints. Heaven is no dream or night Vision. It is sensibly tasted and felt by thousands of Witnesses in this world; they are sure it is no mistake. God is with them of a truth, in the way of their duties. They do not only read of a gloristed eye, but they have something of it, or like it in this world. The

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The Saints have not only a Witness without them in the Word, that there is a state of glory prepared for Believers, but they have a witness in themselves. These are not the Testimonies of craz'd brains, but of the wises and most serious of men; not a few, but a multitude of them; not conjecturally delivered, but upon tast, feeling, and tryal. O, blessed be God for such sensitions.

2. Infer. But, O, What is Heaven! and what that state of glory reserved for the Saints! Doth a glimps of Gods presence in a duty, go down to the heart and reins? O, how unutterable then must that be which is een and felt above, where God comes as near to men as can be? Rev. 22.

3, 4. The Throne of God and the Lamb shall be in it, and his Servants shall serve him; and they shall see his face. And I Thes.

4.17. And so shall we be ever with the Lord. O, what is that! Ever with the Lord? Christians, what you feel and taste

here by Faith, is part of Heavens glory; but yet Heaven will be an unspeakable surprizal to you, when you come thither for all that : It doth not yet appear what we (hall be, I John 3. 1, 2:

3. Infer. See hence the necessity of casting these very bodies into a new mold by their Resurrection from the dead, according to that, I Cor. 15.41. It is fown in weakness, but raised in power. How else could it be a Co-partner with the foul in the ineffable joys of that presence above?

Certainly my Friends, that which is to be a Vessel to contain such strong liquor as this, had need be strongly hooped; lest it flie to pieces, as old Bottles do when fill'd with new Wine. The state of this Mortality cannot bear the fulness of that joy. Hold, Lord, stay thy hand (said a choice Christian once) thy Creature is but a clay Veffel, and can hold no more. If a transient glimpse of God here, be felt in the very reins; if it fo work upon the very body by sympathy with the foul, O, what vigorous spiritual bodies doth the state of

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glory require! And such they shall be, Phil. 3. 21. Like unto Christs glorious Body.

3. Infer. Is God so near to his People above all others in the world? how good is it to be near them that are so near to God? O, it would do a mans heart good to be near that Person who hath lately had God near to his foul. Well might David fay, Pfal. 16. 3. All my delight is in the Saints, and in the Excellent of the Earth. And again, Pfal. 119. 63. I am a Companion of all such as fear thee. O, this is the beauty of Christian fellowship; this is the glory of that Society; not the communication of their gifts, but the Savour of God on their Spirits. If any thing be alluring in this world, this is, I fob. I. 3. That ye may have fellowship with us, and truly our, fellowship is with the Father, and with his Son Christ Fefus. It's faid, Zech. 8. 23. of the fews, the time shall come when there shall be such a presence of God among that People, that ten men out of all Languages (hall take hold of the skirt of him that is a Jew; saying, We will go with you,

for

Christians, if there were more of God upon you, and in you, others would not be tempted to leave your Society, and fall in with the Men of the World; they would say, we will go with you, for God

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for we have heard that God is with you.

is with you,

5. Infer. If God be so near to the heart and reins of his People in their duties, O, how affiduous should they be in their duties? It's good for me to draw nigh to God, Psal. 73. 28. Good indeed; the World cannot reward the expence of time at this rate, with all its glory, Jam. 4. 8. Draw nigh to God, and he will draw nigh to you: Thou meetest him that rejoyceth and worketh Righteousness; those that remember thee in thy ways, Isa, 64.5.

Obj. It would be an encouragement indeed, if I might thus meet God in the way of duty, but that's but feldom I can so meet God there, in sensible powerful outlets of his grace and love, I am mostly dead and cold there, I feel not Commupion with God going down to my heart and reins. Sol. First, you draw night o God; but is it in truth, or in meer formality? God is only high to such as call in truth upon him, Plat. 145. 18.

Secondly: If your hearts be fincere, yet are they not fluggish? Do you flir up your felves to take hold of God? many there be that do not, Isa. 64. 7. and Cant. 5.

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Thirdly: Have you not grieved the Spirit of God, and caused him to withdraw from you? O, remember what Pride and Vanity hath been in you after former manifestations, Epb. 4-30.

Fourthly: Nevertheless wait for God in his ways; his coming upon our souls is oftentimes, yea, mostly a surprizal to us, Cant. 6. 12. Or ever I was aware, my soul made me as the Chariots of Aminadab.

6. Infer. What fleddy Christians should all real Christians be? For loe, what a Seal and Witness hath Religion in the breast of every sincere Professor of it? True Christians do not only hear by report, or learn by Books the reality of it, but feel by experience,

perience, and have a sensible proof of it in their very hearts and reins; their reins instruct them, as it is Psal. 16.7. They learn by spiritual sense and feeling, than which nothing can give greater confirmation in the ways of God.

There are two forts of knowledge among men, one Traditional, the other Experimental: This last, the Apostle calls a knowing in our selves, Heb. 10.34. and opposes it to that traditional knowledge which may be said to be without our selves,

because borrowed from other men.

Now this experience we have of the powers of Religion in our fouls, is that only which fixes a mans spirit in the ways of Godlines. It made the Hebrews take joyfully the spoiling of their goods; no arguments or temptations can wrest truth out of the hand of experience, non est aisputandum de gustu. For want of this many Professors turn aside from Truth in the hour of Trial. O, Brethren, labour to feel the influences of Religion upon your very hearts and reins; this will settle you bet-

Sacramental Devotations. 35 ter than all Arguments in the world can do: By this the ways of God are more endeared to men, than by any other way in the world. When your hearts have once felt it, you will never for ake it.

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The Third Meditation.

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Rom. 7. 21. I find then a Law, that when I would do good, evil is present with me.

THIS Chapter is the very Anatomy of a Christians heart, and gives an account of the most secret frames and inward workings of it, both as to Graces and Corruptions; and this Verse is a Compendium of both; for the words are a mournful complaint, uttered with a deep sense of an inward pressure, by reason of Sin; wherein we are to consider three things.

f. The person complaining.

2. The matter of complaint.

3. The discovery of that matter.

First: The person complaining I find:

I Paul, though I come not behind the chiefest of all the Apostles, though I have been rapt into the third Heaven, and heard things unutterable; yet I for all that, find in me a Law. Never was any meer man more deeply sanctified; Never any lived at an higher rate of Communion with God; never any did Christ more service in this world; and yet he found a Law of sin in himself.

Secondly: The matter of the complaint which confifts in a double evil he ground under, viz. 1. The presence of finat all times. 2. The operation of sin, especially

at fome time.

First: The presence of sin at all times. Evil (saith he) is present with me, it solows me as my shaddow doth. By evil we must understand no other evil but sin, the evil of evils; which in respect of power and efficacy, he also calls a Law, because as Laws by reason of their annexed rewards and punishments, have a mighty power and efficacy upon the minds of men; so sin, in-dwelling sin, that root of all our trouble and sorrow; hath a mighty efficacy upon us.

37 Sacramental Peditations.

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And this is the mournful matter of his complaint: "Tis not for outward Afflictions, though he had many; nor for whathe suffered many grievous things; but 'tis findwelling & working in him, that swallows up all other troubles, as Rivers are lost in the Sea; this evil was always with him, the constant residence of sin was in his heart and nature.

Secondly: And what further adds to his burden, as it dwelt in him at all times, so it exerted its efficacy more especially at some times, & those the special times & principal

feasons in his wholelife: When I would do good (faith he) any spiritual good; and among the rest, when I address my self to any spiritual duty, or Heavenly imployment; when I design to draw near to God, and promise my self comfort and re-

Cum ad optima quaque contendo, experior aliam legem; tunc
maxime in surgit & precipitur lex caruis.
Tolletus.

dress in Communion with him, then is Evil present. O, if I were but rid of it in those hours, what a mercy should I esteem it, though I were troubled with it

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at other times! Could I but enjoy my freedom from it in the seasons of duty and times of communion with God, what a comfort would that be? But then is the special season of its operation. Never is fin more active and busie than at such a time; and this, O, this is my misery and burden.

Thirdly: The next thing to be heeded here, is the discovery of this evil to him, over which he fo mourns and laments. find then a Law, faith he, I find it (i.e.) by inward sense, feeling and sad experience. He knew there was fuch a thing as Original fin in the Natures of men, when he was an Unregenerated Pharifee; but though he had then the notion of it, he had not the sense and feeling of it as now he had; he now feels what before he traditionally understood and talkt of. I find a Law. q. d. What or how others find, I know not, I examine not; some may boast of their gifts, and some may talk more than becomes them of their graces; they may find excellencies in themselves, and admire themthemselves too much for them: But for my part, I find a Law, that when I would do good, evil is present. I am sure I find a bad heart in the best season, a proud, dead, wandring, hard heart. I find it wofully out of order, God knows, and this is my misery. Hence Note,

Doct. That the heft Christians do sensibly feel, and sadly hewail the workings of their corruptions; and that in the very seasons and opportunities of their com-

munion with God.

Bring thy thoughts, Reader, close to this point, and sadly ponder these three things in it.

First: In what special acts Christians use to feel the working of their corruption in the season of their Communion.

Secondly: Why is it that Corruption firs and troubles them more at fuch times,

than at others.

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Thirdly: Upon what account this is fo great a burden to every gracious heart.

First: As to the first of these, namely, the special actings of Corruption in the

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feasons of Communion, they are such as have a natural aptitude and design to destroy all Communion betwixt God and the Soul, Gal. 5. 17. The sless lusteth against the spirit. It's contrary to the spirit, and by reason of that contrariety, a poor Christian cannot do the things that he would.

How many times have some Christians lamented this upon their knees, with bleeding hearts and weeping eyes? Lord, I came hither to enjoy thee; I hop'd for some light, strength, and refreshment in this duty. I promis'd my self a good hour; my heart began to warm and melt in duty; I was nigh to the expectation and desire of my soul; but the unbelief, deadness, and vanity of my heart hath separated betwixt me and my God, and with-held good things from me.

Three things are requifite to Communi-

on with God in duties.

First: Composedness of thoughts.

Secondly: Activity of Faith.
Thirdly: Excitation of affections;
And all these are sensibly obstructed by

Bacramental Debitations.

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First: The order of the foul is disturbed by sending forth multitudes of vain and impertinent thoughts to infeft and diffract the foul in its approaches to God; the fense of this evil gave occasion to that prayer, Pfal. 86, 11. Unite my beart to fear thy Name. How much have we to do with our own hearts upon this account every day? Abundance of rules are given to cure this evil; but the corruption of the heart

makes them all necessary.

Secondly: The activity of Faith is clogg'd by natural unbelief: O, what difficulties is every work of Faith carried through? Lord, I believe, belp thou my unbelief, Mark. 9. 24. It cramps the hand of Faith in every part of its work; the foul fenfibly feels it felf bound and fetter'd by its own unbelief, so that it cannot affent with that fulness, clearness, and determiwateness that it would. It cannot apply with that strength, certainty, and comfort t defires; and thus are the wings of Faith

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42 Sacramental Deditations.

pinion'd, that when we should foar aloft in the highest acts of sweet communion with God, we can but flutter upon the Earth, and make fome weak effays and offers Heaven-ward, which oftentimes are frustrated and put by, through the unbelief that is in us.

Thirdly: The excitation of the affection is rendred difficult by reason of that natural deadness and hardness that is in the heart. Alas! It's naturally an heart of stone, and as easie it is to dissolve or melt the Rocksinto a sweet syrup, as the heart into Spiritual and Heavenly affections towards God. There is scarce any one thing in this world that Christians more passionately bewail, and are more fenfibly afflicted for, than the deadness and hardness of their own hearts. Nothing is found sufficient fomerimes to affect, and raise them; and yet if they be not excited out of their torpor and flupidity, they cannot have Communion with God in duties.

Secondly: And if we enquire into the reasons why poor Christians find themloft

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felves more infelted by natural Corruption in the seasons of duty, than at other times, the reasons are obvious to him that considers, 1. That Duty irritates it. 2. Satan excites it. 3. God permits it to be so.

First: Corruption is irritated by duty, it's provoked by that which bridles and purges it: Nothing is found more destructive to Sin, than Communion with God is, and therefore nothing makes a fiercer opposition to all fellowship and communion betwixt the soul and its God, than sin doth. As Waters swell and rage when they are obstructed by a dam, so do our Corruptions, when obstructed and check'd by duty. Sin would fain make men leave praying, and Prayer would fain make men leave sinning.

Secondly: As Duty irritates it, so Satan excites it, especially in such seasons. When Foshua, the High Priest, stood before the Lord, Satan was seen standing at his right hand to resist him, Zech. 3. 1. How hard is it for a Christian then to be dexterous, apt, and ready for spiritual works, whilst Satan stands at his right hand, the working hand, to make resistance. E 4. The

44 Sacramental Weditations.

The Devil is aware that one hour of close spiritual and hearty converse with God in Prayer, is able to pull down what he hath been contriving and building many a year. Now this envious Spirit having an easie access to the phansie, that buse and unruly power of the soul, will not be wanting to create such signents and notions in it, as like a rapid stream shall carry away the soul and all its thoughts from God in duty. Oh, what adoe have most Christians to prevent the sallies and excursions of their hearts from God at such times!

Thirdly: As Satan exercises it, so the Wise and Holy God, for good ends to his

People, permits it to be fo.

This Thorn in the Flesh keeps them humble; these lamented destructions and corruptions in their duties destroys their dependance upon them, and glorying in them. For if we be so prone to pride and considence in our duties, amidst such sensible workings and minglings of Corruption with them, what should we be if they were more pure and excellent? These things al-

Sacramental Peditations.

so make the Saints weary of this World, and to groan within themselves after the more perfect state, wherein God shall be enjoyed and seen in more perfection and satisfaction. But

Thirdly: This in the mean time cannot but be a very grievous affliction and preffure to the gracious soul, to be thus clog'd and infested by its own Corruptions in the very season of its communion with God.

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First: By this the soul is rendred very unsuitable to that holy presence it approaches, Hab. 1. 13. Thou art of purer eyesthan to behold evil, and canst not look upon Iniquity. Must the great and blessed God wait upon a poor Worm till it be at leisure to attend him? Must he be forsaken for every triste that comes in the way of its phansie? Oh, how provoking an evil is this! Surely God beareth not Vanity, neither will the Almighty regard it, Job 35. 13. This unsuitableness of our spirits to the Lord, cannot do less than cover our faces with shame, as it did, Ezra, 9.6. O my

God I am ashamed, and even blush to look

up unto thee.

Secondly: By this those benefits and comforts are intercepted, which are better than life: There is a fensible presence of God, there are manifestations of pardon, peace, and love; there are reviving influences and fresh anointings of the Spirit; there are a thousand mercies of this kind, that in their feafon are communicated to men in the way of duty; and would it not grieve a man to the very heart and foul, to be defeated of those inestimable treasures, by the breaking forth of the Unbelief, Pride or Vanity of his own heart, when such mercies are almost in his hand? Your iniquities (faith the Prophet) have separated betweent you and your God, and your fins have hid his face from you, that he will not hear, Isa. 59. 2. O cruel covering! O dismal Cloud! that hides the face of God from his People, that they cannot behold it. Wherefore am I come from Geshur (Taith Absalom) if I may not see the Kings face?

What do I here upon my knees, faith a

Christian

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Christian, if I may not see God? Duties are nothing to me without God: The World and all its comforts are dry and tasteless things to me without God: His manifested favour, and sealed love are the very life of my life, and from this the corruptions of my own heart have cut me

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Thirdly: By these things the beauty and excellency of duties are defaced. These dead slies spoil that excellent Ointment; for wherein consists the beauty and true excellencies of duties, but in that Spirituality and Heavenly temper of soul, with which they are performed? This makes them suitable to their object, Job. 4. 24. take away spirituality from duties, and then you may number them among your sins, and the matters of your shame and sorrow. Take away the heart from duty, and what remains but a dead carcass, without life or beauty?

Fourthly: By these things gracious souls are greatly puzled and perplexed about their estate and condition. This is

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the fountain of their fears and doubtings; O, when a man feels fuch deadness in his heart towards God, such stiffness in his will to the will of God, fuch a liftless, careless temper to all that is spiritual? How (thinks he) can this confift with a renewed flate and temper? Sure no Christian is troubled with fuch an heart as mine is; especially when it shall be found in its ordinary course so free, nimble, and indefatigable in its pursuits and entertainments of things sensual and earthly. There it is as the Chariots of Aminadab, but here, like Pharaobs Chariots; there it as much needs the Curb, as it doth the Spur here. Lord, faith the poor foul, I know not what to do: If I do not look into my heart I cannot be fincere; and if I do, I can have no comfort. This is a fad perplexity indeed.

Fifthly and lastly: By these things the Spirit of God is grieved, and that which grieves him cannot but be a grief and burden to us: His motions are quench'd by these Corruptions, his sanctifying designs (as much as lies in us) obstructed by them,

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furely then there is cause enough why a Christian should follow every vain thought with a deep sigh, and every stirring of unbelief with a sad tear.

The usefulness of this point is great, and exceeding seasonable, when we are to draw night to God, and address our selves to spiritual duties; It may to great purpose be improved by ways,

1. Of Information, 2. Direction. 3.

Consolation.

We may greatly improve it for our Information in the following particu-

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Hence we may take our measures of the wonderful and astonishing grace and condescension of God to his People, who notwithstanding all that evil which is present with them in the good they do, will not reject their persons or duties for all that,

How doth free grace make its own way through swarms of Vanity! How doth it break through all the deadness, infidelity and hardness of our hearts to do us good!

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Though

Though evil be present with us, our gracious God will not be absent from us not-

withstanding that.

How greatly was the Spouse amaz'd at the unexpected condescension and grace of Christ in this matter ? Cant. 2. 8. It is the voice of my Beloved, behold he cometh leaping over the Mountains, skipping over the Hills. It is the Voice of my Beloved. That abrupt, cutted expression shews a perfect sur-She faw mountains of guilt and unworthiness betwixt Christ and her Soul. and yet behold he comes skipping over all those mountains and hills : O free grace ! rich and admirable grace, which with fo many notwithstandings, and neverthelesses, will fave and comfort the poor unworthy foul!

2. How little reason have any of us to be proud of our best performances! There is not a just manupon Earth, that doth good, and sinneth not, faith Solomon, Eccles. 7. 20. If there be fomething supernaturally good in our duties, yet there is abundance of natural evil commixed with that good; the evil is wholly ours, the good wholly

God's

Gods: we have no reason then to glory

in our best performances.

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It hath been a question with some, whether some short transient act of a regenerate foul may not be free from fin; but it was never question'd whether any continued act, much less a course of actions could be without fin. Evil will be present with us in all we do, 'twill be with us in our Closets, present even in the awful presence of the holy God, in the most high and solemn duties of Religion, in the most pure and spiritual actions that pass from us; cease then as from dependance, so from Pride and Conceitedness in all you do. Whilst our natures are sanctified but in part, and our principles mixt, our duties and performances can never be pure. Who can bring a clean thing out of an unclean? Not one, Job 14. 4.

3. How are we all obliged to bless God for Fesus the Mediator, to make us and our finful duties acceptable to God? Sad were our case if this High Priest did not bear the Iniquity of our holy things, as it is, Exod. 28. 38. 'Tis his Oblation and Inter-

ceffion

cession that obtains and continues our pardon for our Prayer-sins, our Hearing-sins, our Sacrament-sins: These alone would eternally damn us, if we had no other, did not free grace make is accepted in the Beloved, Eph. 1.6. When evil is present with us, then is Christ our Adviscate, present with the Father for us; and thence it is that we are not destroyed upon our knees, and that the jealouse of God breaks not forth as fire to devour us in our very duties.

4. If evil be present with us, yea, inherent in us, in our best duties, what need had Christians then to watch against the external occasions of sin, and to keep a close guard upon their senses, especially when

they have to do with God!

There's danger enough from within, you need not open another door from without. This natural corruption is too active in it felf, if there be no irritation by any external occasion; how much more when the eye and ear are opened and unguarded, and occasions are offer'd it from without.

Watch-

Watching is half the work of a Christian, whilst he is praying, Eph, 6. 18. The Arabian Proverb is as instructive as it is my-stical; shut the Windows that the House

Re. may be light,

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5. If evil be present when we would do good, if it infest us in our best duties; then certainly there is no rest to be expected for any of Gods People in this world. Where shall we go to be free from fin? If any where, let us go to our Closets, to our knees, to the Ordinances of God; yea, but even there evil is and will be present with us, if we cannot be free from evil there, it's vain to expect it elsewhere in this world. Only in Heaven Believers rest from fin, when once they are absent from the body, and present with the Lord, sin shall no more be present with them; which should make all that hate sin, long for Heaven, and be willing to be diffolved, and be with Christ.

2. For Direction. Let all that experimentally sense and seel what the Apostle here mourns over, carefully attend such di-

54 Sacramental Peditations.

rections as may prevent the spoil of their duties by the working of their corruptions in them.

Though no rules are found sufficient to prevent wholly the influence of our Corruptions upon our duties, yet own it as a special mercy, if it may in any measure be prevented, or restrained; in order whereunto, I shall hint briefly these following rules, which the experience of many Christians hath recommended as exceeding useful in this case.

Rule 1. Be more diligent in preparation for your duties, if you would meet with less interruption in your duties. The very light of nature teacheth solemn preparation to all important and weighty business; and is there more solemn and concerning business in all the world, than that which thou transactest with God in duties? Angels approach not this God with whom thou hast to do, without profound respects to his immense greatness and awful holiness, Isa. 6.3. When you stretch forth your hands, it is required that you first prepare your hearts, Job 1 * 13.

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Rule 2. Realize the presence of God in all your duties, and awe your hearts all that you are able by that consideration. O, think what a piercing holy eye beholds thy heart, and tries thy reins. Wouldst thou not be really ashamed, if thy thoughts were but vocal to men, and the workings and wandrings of thy heart visible to those that joyn with thee in the same duty? O, if the presence of God were more realized, certainly your hearts would be better secured against the incursions of your Corruptions!

Rule 3. Labour for a deeper measure and degree of Sanctification; many other rules are but Spiritual Anodynes, to give present ease; but this is the way to a real Cure: a thousand things may be found helpful to put by a vain thought for the present, but then it returns again, and it may be with more strength: This is the proper method to dry the spring, when others are but attempts to divert the stream, If habits of grace were more deeply radicated, acts of grace would be more easie to us, and flow more freely from us.

F 4 Rule

Rule 4. Laftly : Confider what an aggravation it is to your evil, to vent it felf in th the special presence of God in duties. See he how Paul mourns over it in the Text, It is not only a fin, but an affronting of God to his Face; this grieving of his Spirit, is the spoil of thy duty; it is (as one aptly calls it) obex infernalis, an hellish Bar or Remora to all sweet and free intercourse of the foul with God.

3. Consolation. But whilft I am reprefenting the evil of it to some, it may be there are others over-whelmed with the forrowful fense of it, even to discouragement and despondency: Poor Christian, is this thy case? Are all the Afflictions in the world nothing to thee in comparison with this evil which is present with thee, when thou wouldft do good? Well, though thoucanft not do the good thou wouldft, nor free thy felf yet from the evil thou wouldst rather than live; be freed from : There are four things that may be much relief to thy penfive foul.

First: Though the presence of evil even in thy best duties be sad yet thy grief, and affli-

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ag. tion for it, is sweet. That is a sad sin, but in this is a sweet sign: It is not heart-evils, See heart-wandrings in duties, hardness, and It inbelief that Hypocrites mourn for, but and more gross and external evils. Let this rouble for fin comfort thee, when the oresence of sin grieves thee.

Secondly: God accepts through Fesus Christ, what you do sincerely, though you can do nothing purely and perfectly, Cant. 5. 1. Your fincerity is your Evangelical perfection; the evil that is present is not imputed; the good that is present, is (notwithstanding that commixed evil) accept-

ed, which is strong consolation.

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Thirdly: You find your case was the case of bleffed Paul, a man of eminent Sanctity. And if you consult all the Saints, one by one, you will find them all fick of this disease;

fo that your case is not singular.

Fourthly: Your Justification is perfect, and without spot, though your Sanctification, be not fo; and the time is coming when your Sanctification shall be as your Justification is; and after that no more complaints.

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The Fourth Meditation.

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Ephel. 1. 13. In whom also, after that ye believed, ye were sealed with the holy Spirit of Promise.

ROM his doxology and folemn Thanks giving, ver. 3. the Apostle enumerates the principal Christian priviledge that gave the occasion of that thanksgiving, among which, this in the Text is not the least, though last named.

In this one verse we have the two noble acts of Faith displaid; its direct act call'd Trusting, and its tessex act, which in order of nature and time follows it, and is impli-

ed in the word Sealing.

In the latter clause (to which I shall confine my Meditations) four things must be remarked, viz. The Subject, Nature, Author, and Quality of Assurance.

1. The Subject of Assurance, which is and

nd can be no other than a foul that hath losed with Christ by Faith, reflex acts neeffarily presuppose direct ones. Never vas any Unbeliever Sealed, except to Damation: Affurance is peculiarly the Prerorative of Believers.

2. The Nature of Affurance, he calls it Sealing; an apt metaphor to express the naure of it. For Assurance like a Seal, both confirms, declares, and distinguishes; it conirms the grant of God, declares the purpose of God, and distinguishes the person

o priviledg'd from other men.

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g, 3. The Author of affurance, which is he Spirit; he is the Keeper of the great beal of Heaven, and it's his Office to confirm and feal the Believers right and interest in Christ and Heaven, Rom. 8. 16.

er 4. Lastly: The quality of this Spirit of Affurance, or the Sealing Spirit, he Seals n the quality of an holy Spirit, and of the Spirit of promise, as an boly Spirit, relating to his previous fanctifying work upon he fealed foul. As the Spirit of promise, respecting the medium or instrument, made ule use of by him in this his Sealing work; for he Seals by opening and applying the promises to Believers from the Spirits order. The Note will be this.

Doct. That the priviledge of Sealing fol-

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lows the duty of Believing.

There is no season more proper to treat of the Sealing of the Spirit, than at a Sealing Ordinance; nor can I handle the Spirits sealing work in a more profitable method, than in satisfying these five Queries particularly; and then applying the whole.

1. What is the Spirits Sealing, and how performed? 2. Why none are Sealed till they Believe? 3. Whether all Believers are Sealed? 4. What is the priviledge of being Sealed? 5. What are the

effects of the Spirits Sealing?

1. Query, What is the Spirits Sealing

work, and bow is it performed?

Answer. The Sealing of the Spirit, is his giving a sure and certain testimony to the reality of that work of grace he hath wrought in our souls, and to our interest in Christ and the Promises; thereby satisfying

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fying our fears and doubts about our estate and condition.

Every matter of weight and concernment is to be proved by two sufficient Witnesses, Deut. 19. 15. our sincerity and interest in Christ are matters of the deepest concernment to us in all the world, and therefore need a farther witness to consirm and clear them, than that of our own spirits; the spirit it self therefore bears witness with our spirits, Rom. 8. 16. Three things concur to the spirits Sealing work.

He Sanctifies the foul. He irradiates and clears that work of Sanctification. He enables it thereby to apply Promifes.

The first is his material or objective Seal, the latter his formal Sealing. None but the Spirit of God can clear and confirm our title to Christ, for he only searcheth the deep things of God, 1 Cor. 2. 10. and it's his office, Rom. 8. 16. compagagagaga, to witness with our spirits.

This Seal or Witness of the Spirit must needs be true and certain, because Omnicience and Truth are his essential properties: He is Omniscient, I Cor. 2. 10, and therefore cannot be deceived himself: He is the Spirit of Truth, Joh. 14. 17. and therefore cannot deceive us; so that his testimony is more infallible and satisfactory than a Voice from Heaven, 2 Pet. 1. 19.

If an Angel should appear and tell us Christ had said to him, Go and tell such a man, that I love him, that I shed my blood for him, and will save him; it could never give that repose and satisfaction to the mind as the internal Witness or Seal of the spirit doth; for that may be a delusion, but this cannot. The witness of our own heart may amount to a strong probability; but the witness of the spirit is demonstration, I Job. 4. 24.

So that as it is the design and work of Satan to cast in doubts and fears into gracious hearts, to perplex and intangle them, so oppositely it is the work of the Spirit to clear and settle the sanctified soul, and sill it with peace and joy in believing, Joh.

16.7. Rom. 14. 17.

In Sealing he both attests the fidem qui

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creditur, the doctrine or object of Faith; and the fidem quâ creditur, the infused habit or grace of Faith: Of the former he saith, this is my Word, of the latter, this is my Work; and his Seal or testimony is evermore agreeable to the written word, Isa, 8. 20. So that what he speaks in our hearts, and what he saith in the Scripture, are evermore concordant and harmonious testimonies.

To conclude, in Sealing the Believer, he doth not make use of an audible Voice, nor the Ministry of Angels, nor immediate and extraordinary revelations; but he makes use of his own graces implanted in our hearts, and his own promises written in the Scriptures; and in this method he usually brings the doubting, trembling heart of the belie-

ver to rest and comfort.

2. Query. Why are none Sealed till after

Believing?

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Answ. It cannot be denied but that many persons in the state of nature and unbelief, may have grounded confidences, and salfe comforts built thereupon. This is evi-

dent from Matth. 7.22. Many will say unto me in that day Lord, Lord, have not we Prophessed in the Name? And Joh. 8.54,55. Of whom ye say that he is your God, and yet ye have not known him. And beyond all is that startling Scripture, Heb. 6.4,5. Who were once enlightned, and have tasted of the Heavenly gift, and were made partakers of the Holy Ghost, and have tasted the good Word of God, and the powers of the World to Come, if they fall away, &c.

But for any except real Believers to have those Witnesses and Sealings of the Spirit described above, is utterly impossible, and will evidently appear to be so, whether we consider the Author, Nature, Object, Mediums, End and Design of this

work.

First: Consider the Author of this work, the Spirit of God, who is an Holy Spirit, as the Text calls him, and the Spirit of Truth, as Christ calls him, Job. 14. 17. and it cannot be that ever he should give testimony to a lye, or give a false witness, quite cross to the very tenour of the written word.

word, as he must do, should he Seal an Unbeliever. What though they be Elect? yet whilst Unregenerate, they have no actual interest in Christ and the Promises, and therefore can have none Sealed by the Spirit. Fris est pradicare de esse quam de cognosci; we must be Saints before we can be known to be so.

Secondly: Consider but the nature of this work, and it cannot be, that ever an Unbeliever should be Scaled by the Spirit: For assurance is produced in our souls by the reflexive acts of our Faith. The Spirit helps us to reflect upon what hath been done by him formerly upon our hearts. Hereby we know that we know him, I Joh. 2. 3. To know that we know, is a reflex act; now it's impossible there should be a reflex before there hath been a direct act. No man can have the evidence of his Faith, before the habit be insused, and the vital act first performed.

Thirdly: Confider the object matter, to which he Seals, and it will be found to be his own Sanctifying operations upon our

hearts, and consequently to our priviledges in Christ, Rom. 8. 16. 1 Job. 3. 24. The thing or matter attested is, that Christ abideth in us, and that we are the Children of God. But no such thing can be Sealed till we believe, for neither our Adoption nor

Sanctification can be before Faith.

Fourthly: Confider the mediums or infruments used by the Spirit in his Sealing work; the promises are his sealing instruments, and on that account he is called the Spirit of Promise in the Text: Not only because he is the Spirit promised, but as the Promises contain the spirit, so the Spirit uses the Promises (i.e.) clears them to our understandings, and helps us to apply them to our souls; but this he never doth, nor can do, till the soul by Faith have union with Christ; for till then it hath no right in the Promises.

Fifthly and lastly: Consider the end and design of this work of the Spirit, which is to secure to the soul its peace, pardon, and salvation in Christ, he seals Believers to the day of Redemption, Eph. 4. 30.

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(i. e.) to their compleat Salvation: So then it must be equally impossible for an Unbeliever to be sealed as to be saved.

3. Query. The next enquiry is, Whether

all Believers are Sealed by the Spirit?

Answer. The resolution of this Query will depend upon several distinctions that

must be made upon this matter.

1. Diffination. We must distinguish the different kinds of the Spirits sealing; all his Sealing work is not of one kind, nor to one and the same use and end.

There is an Objective Seal which distinguishes the person, and a Formal Seal which clears and ratifies his interest in Christ and Salvation. The first he doth in Sanctifying us; the second in Assuring us.

When he Seals us Objectively, that is, when he Sanctifies us really by the infusion of grace, he Seals us by way of distinction from other men, which is one end of Sealing; for though in respect of Gods decree and purpose there was a difference betwixtus and others before time, 2 Tim. 2.19. and although in regard of Christs intention

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in his death, there was a difference betwixt us and others, 70b. 17. 9. yet all this while there is no personal, actual difference betwixt us and others, till Sanctification do make one, Epb, 2. 3. and 1 Cor. 6. 11. But the Sanctification of the Spirit makes a real difference in the state and temper of the person, 2 Cor. 5. 17. and manifests that difference which Election put betwixt us and others before time, 1 Thes. 1. 4, 5. And yet all this while a man may not be formally Sealed (i. e.) his Sanctification may be very doubtful to himself, and he may labour under great sears about it.

2. Diffinction. The feafons of the Spirits fealing, must be diffinguished; and

these are to some,

First: Immediately upon the souls first closing with Christ at Conversion, especially when Conversion is wrought at riper age, and is usher'd in by a greater degree of the spirit of bondage, and deep inward terrors. Thus the Predigal (the emblem of a Convert so brought home to God) was entertained with the fatted Calf and Musick,

Sacramental Petitations. 69 but all find not this presently, as some

Secondly: Times of eminent Communion with God are Sealing times: There are extraordinary out-lets of Peace, Joy, and Comfort, at some seasons in duty, which makes the state of the soul very clear; and banishes all scruples and sears from the heart.

Thirdly: Others are Sealed upon some eminent hazard they have been exposed to for Christ, or some extraordinary sufferings they have undergone for Christ; wherein they have carried it with eminent meeknes, patience, and self denial, 2 Cor. 1. 4, 5. Thus the Martyrs were many times Sealed in the depth of their sufferings.

Fourthly: It's usually found that a Sealing time follows a dark day of desertion and fore combats with temptation. Post Nubila Phabus. So that Text, Rev. 2. 17. is expounded by some, To him that overcometh will I give the white stone, and the

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Fifthly: Dying-times prove Sealing-times

to many fouls, if their whole life have been like that day described by the Prophet, Zech. 14. 17. neither dark nor light, a life betwixt hopes and sears, yet at Eve-

ning-time it hath been light.

3. Diffinction. Laftly : We muft diffinguish the several ways and manners of Sealing. Some are extraordinary and immediate, vouchfafed only to some persons, at fome special times and seasons. Thus Zacheus was in an extraordinary and immediate way ascertained of his Salvation, Luk. 19.9. This day is Salvation come to this House. And so the Palsie-man, Mark. 2.5. Son (faith Christ.) thy fins be forgiven thee. But these immediate ways are ceased; no man may now expect by any new Revelation or Sign from heaven, by any Voice, or extraordinary Inspiration to have his Salvation sealed, but must expect that mercy in Gods ordinary way and method, searching the Scriptures, examining our own hearts, and waiting on the Lord in prayer.

The Learned Gerson gives an instance of

one that had been long upon the borders of despair, and at last sweetly assured and setled; and being asked how he attained that Assurance, he answered, Non ex nova aliqua revelatione, &c. Not by any new revelation, but by subjecting my understanding to, and comparing my heart with the written word.

And Mr. Riberts in his Treatife of the Covenants, speaks of another that so vehemently panted after the Sealings and Assurance of the love of God to his soul, that for a long time he earnestly desired some Voice from Heaven; and sometimes walking in the solitary Fields, carnestly desired some miraculous voice from the Trees or Stones there: This was denied him, but in time a better was afforded in a scriptural way.

Now to refolve the Query out of these

diffinctions.

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First: Though all Believers have not the formal Sealings of the Spirit, yet they have the objective, or material Seal; that is, the Spirit is in them as a sanctifying spirit, putting

a real difference betwixt them and others, when he is not with them by way of evidence and affurance of fanctification.

Secondly: Though all Believers are not Sealed at one and the same time, yet there are few, if any Believers, but do meet with one season or other in this life, wherein the Lord doth Seal them, if not at their first close with Christ, as many have been Sealed, yet in some choice and eminent season of communion with God, fuch golden spots of time, such precious seasons most Christians can speak of. Though as Bernard Speaks, it be rara bora, brevis mora. Seldom, but sweet : Or if not in the course of their active obedience, 'tis a thousand to one but they shall meet it in the way of their passive obedience, if God exercise them eminently under the cross, or after a dark cloud of desertion, or in a dying hour.

Thirdly and lastly: Though God now Seals not men in an extraordinary and immediate way by Revelation, immediate Inspiration, or Voices from Heaven, yet most Christians are sealed in the ordinary ľ

Sacramental Deditations. 473
way of the Spirit, under one Ordinance or

4. Query. What is the priviledge of be-

ing Sealed by the Spirit?

other, in one duty or other.

Answer. Much every way; words cannot express the riches of this mercy; for let us but consider the four following particulars, and you will admire the mer-

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First: Consider whose act and proper work Sealing is. God doth not send Angels upon this Errand; though if he did, that would be a great honour to poor dust and ashes, but he sends his Spirit to do it. Oh, the Condescension of the great God to men! this is a greater honour than if millions of Angels were imploy'd about it.

And then as to certainty and satisfaction, it is beyond all other ways and methods in the world, for in miraculous Voices and Inspirations it's possible there may subesse fallum, be found some Cheat or Imposture of the Devil; but the spirits witness in the heart, suitable to his revelation in the Scrip-

ture cannot deceive us.

Secondly: The conclusion or truth sealed, is ravishing and transporting. All Christians vehemently pant for it, sew have the enjoyment of it for any long continuance. But whilst they do enjoy it, they enjoy Heaven upon Earth, a joy beyond all the joys of this world. To have this conclusion surely Sealed, Christ is mine, my sind is pardoned, I shall be saved from wrath, through him: O, what is this! what is this!

Thirdly: Consider the subject, or perfon Sealed, a poor sinful wretch that hast ten thousand times over grieved the good Spirit of God, by whom notwithstanding thou art Sealed to the day of Redemption: Thou hast by every sin deserved to be sealed up to Damnation: Thou hast reason to account and esteem thy self much inferior in graces and duties to many thousands of the Saints that are panting after this priviledge, and cannot obtain it: O, the riches of the goodness of God!

Fourthly and lastly, Consider the defigns

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Sacramental Peditations. 75 and aims of the Spirit in his Sealing thy foul, which are

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2. As intermediate thereunto, to bring very much of Heaven into thy foul, in the way to it; indeed to give thee two Heavens, whilst many others must suffer two Hells.

5. Query. Lastly: We will enquire what are the effects of the Spirits sealing upon our souls, by which we may distinguish and clearly discern it from all delusions of Satan, and all Impostures whatsoever?

Answer. The genuine and proper effects and fruits of Sealing, are, 1. Inflamed Love. 2. Renewed Care. 3. Deep Abase, fire to be with the Lord. 6. Improved

Mortification to the world.

Wherefoever these are found conse-

quent to our Communion with God, and his manifestations of himself to us therein, they put it beyond all doubt, that it was the Seal of his own blessed Spirit, and no delusion.

H 2 First:

First: The Sealings of the Spirit cand not but inslame the love of the soul in a very intense degree towards God: One slame doth not more naturally beget another, than the love of God doth kindle the love of a gracious soul to him. We have known and believed the love that God bath to us, 1 Joh. 4 16, 19. When Christ had forgiven much to that poor Woman that had fin'd much, and manifested pardoning mercy to her soul; O, how much was her love to Christ inslamed thereby? Luke

7. 47.
Secondly: Renewed care and diligence follows the Sealings of the Spirit. Now is the foul at the foot of Christ, as Mary was at the Sepulchre, with fear and great Joy. He that Travels the Road with a rich treasure about him, is a fraid of a Thief in every bush. This is exemplified in the Spouse, who had endured many a sad day and night in Christs absence, and sought him sorrowing; but when she had regained his selt and sensible presence, it's said, Cant. 3. 4. I found him whom my soul loveth; I held him, and would not let him go.

She doth not (as MrDurham speaks) lay by diligence, as if all were done; but is of new taken up with as great care to retain and improve this mercy, as before she was sollicitous to obtain ir. Whether a Believer want or have, whether he be seeking or enjoying, there is still matter of exercise for him in his condition.

Thirdly: Deep abasement and great humblings use to follow the eminent appearances of God to the souls of men. Lord, (said that Disciple) how is it that thou wilt manifest thy self to us, and not unto the world? Joh. 14. 22. When God Sealed the Covenant to Abraham, to be a God to him, at this Abraham sell upon his face, Gen. 17. 1, 2, 3. Never doth a soul lie lower in the dust, and abhor it self, than when the Lord makes the most signal manifestations of his grace and love to it.

Fourthly: Increased strength follows the sealings of the Spirit. New powers enter into the soul, and a sensible improvement of its abilities for duty: Or ever I was aware (shith the Spoule) my soul made me as the

H 3. Chariots

Chariots of Aminadab Cant. 6. 12. Now the wheels of the foul being oyled with the Joy and comfort of the Spirit run nimbly in the ways of obedience. The Joy

of the Lord is your strength.

Fifthly: Sealings of the Spirit, inflame the desires of the foul after Heaven, and make it long to go home. Nothing makes death so undesirable to the Saints, as the doubts and fears that hang upon their Spirits about their condition. Were their evidences for Heaven clear, and their doubts resolved, they would, as the Apostle speaks, defire to be dissolved, and to be with Christ, Phil. 1. 23. If once the great question of our interest in Christ be throughly decided, and all be clear betwixt us and our God, we shall find Life the matter of Patience, and Death the object of defire.

Sixthly and lastly: Improved Mortification to the world, flows naturally from the Sealings and Affurances of the love of God to our fouls. It is with our fouls after fuch a view of Heaven, and a sealed Interest therein, as it is with him that hath been

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gazing upon that glorious Creature the Sun, when he comes to cast his eye again upon the Earth, all things seem dark and cloudy to him. He sees no beauty in any of those things, because of that excellent sustre which he lately beheld. We know (saith the Apostle) that if our earthly house of this Tabernacle were dissolved, we have a building of God, an house not made with bands, eternal in the heavens; there's Assurance or Scaling: For in this we groan earnestly, desiring to be cloathed upon with our bouse which is from Heaven. There's the natural effect of it, 2 Cor. 5. I, 2.

Uses. The point speaks to three sorts of persons, viz. 1. To those that have not yet been Sealed. 2. To those that once had, but now want this comfort. 3. To

those that enjoy the comforts of it.

First: To those that yet want this mercy, who have not been formally Sealed by any assurance of their title to Christ, but all their days have been clog'd with sears and doubts of their condition. To such try Counsel is,

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First: That you be not quiet under these uncertainties, but pant after the assurance of peace and pardon. Say unto Christ as the Spouse did, Cant. 8. 6. Set me as a Seal upon thy heart, as a Seal upon thine arm: Pant after it as David did, Psal. 35. 3. Say unto my soul, I am thy Salvation.

How can you look upon fuch precious promises, and not dare to tast them? How can you hear others speak of their satisfaction, peace, and affurance, and be quiet until you also have attained it? What is it that hinders this mercy that it cannot come home to your fouls? Is it your neglect of duty? O, stir up your selves to take hold of God! Is it want of a through fearch and examination of your estate? O, let not thine eyes find rest, till that be fully done: Is it some special guilt upon thy foul that grieves the Spirit of God? Be restless till it be removed. I know this mercy is not at your command, do what you can do; but yet I also know when God bestows it, he usually doth it in these ways of our duty. Secondly:

Secondly: To those that once had, but now want this bleffing, who fay as Fob 29. 2, 3. O that it were with me as in days past! The darkness is the greater to you, because you have walked in the light of the Lord. The fum of Christs Counsel in this case is given in three words, Rev. 2. 5. Remember, Repent, Reform.

First : Remember (i. e.) ponder, conider, compare time with time, and state with flate, how well it once was, how

ad it now is.

Secondly: Repent, mourn over these your finful relapses; sure you may challenge the first place among all the mourners in the world. Your loss is great. O, better to have loft the light of your eyes, than this sweet light of Gods countenance; your fin hath separated betwixt you and your God, O mourn over it!

Thirdly: Reform. Do your first works again. O Christian! consider thy heart is funk deeper into the world than it was wont to be. Thy duties are fewer, and thy zeal and affection to God much abated.

Return.

Return, return, O back-sliding soul, and labour to recover thy first love to Christ, what ever pains it cost thee.

Lastly: To those that do enjoy these choice and invaluable mercies, the Sealings

of the Spirit.

First: Take heed that you grieve not the good Spirit of God, by whom you are Sealed to the day of Redemption, Eph. 4. 30. He hath comforted you, don't you grieve him: The Spirit is a tender and delicate thing, you may quickly deprive your selves of his joy and peace.

2dly: Be humble under this advancement & dignity. If your hearts once begin to swell look out for humbling dispensations quickly, 2 Cor. 12.7. This treasure is always kept in the Vessel of a contrite & humble heart,

Thirdly: Keep close to duty, yea, tack one duty to another by intermediate Ejaculations. If care of duty be once remitted, you are not far from a sad change of your condition,

Fourthly: Improve all Ordinances, efpecially this great Sealing Ordinance for your farther confirmation and establish-

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ment. Act your Faith to the uttermost of its ability upon Christ Crucified, and comfort will flow in: The more the direct acts of Faith are exercised, the more powerful and sweet its restex acts are like to be.

The Fifth Meditation.

UPON

John 1.29. Behold the Lamb of God which taketh away the sins of the world.

THE scope of this Chapter is to prove the Divinity and Eternal God-head of Jesus Christ. One of those Arguments, by which this great Article of Faith is confirmed and proved, is the Testimony of John. This testimony of John is the more remarkable, because it was before Prophefied of him, that when the Messah should come, this Messenger should go before this face to prepare the way for him, Mal. 3. 1.

Now among all the Testimonies that ever John gave of Christ, none ever was,

or could be more full and clear than this in the Text.

Behold the Lamb of God which taketh

away the Sin of VVorld.

In which words are remarkable, 1. The Preface to his Testimony. 2. The Testi-

mony it felf.

First: The Preface or Introduction to Johns Testimony ; Behold. There is a double use in Scripture of this word. Sometimes it's used by way of Indication, and fometimes by way of Excitation. In the first it points out the person; in the last it raises our affections to him. In this place it hath both these Uses.

Behold the Lamb of God. q. d. This is the great expectation and hope of all Ages. This person whom you behold, is the defire of all Nations. Loe, this is God manifest in flesh. This is the great Sacrifice, the Lamb of God. Never did humane cys behold such an object before.

Secondly: The testimony it self, which must be considered two ways, as it refpeces, 1. The truth and reality. 2. The vertue and dignity of Christ its ob-

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First : Johns Testimony respects the truth and reality of the object; this is o Luyos, the Lamb of God, the very Antitype to which all legal Sacrifices had respect, and from which they derived all their value and vertue; grace and truth came by Christ, as he had said before, ver. 17. The Paschal Lamb, and Lamb for daily Sacrifice, were but the Types and Shadows of this Lamb of God.

Secondly: His Testimony respects the vertue and dignity of Christ and his Blood. He taketh away the Sin of the World. The Greek word, dipar (as De Dien a Learned Critick observes) answers both the Hebrew words 710 NO and I/a. 53. and fignifies not only to bear, but to bear away; portando expiat, expiando aufert, efficitque ut remittatur. By bearing fin, he expiates it; and by expiating, takes it away, or procures the remission of it. The expression seems to allude to the scape Geat, mentioned, Levit. 16, 22. Thus Christ

Christ really and wholly takes away the sin of the world, (i.e.) the sin of all Believers in the world, for whom he was Sacrificed, as Drussus well expounds it, concurrent with the stream of sound Expositors.

So that this is a very full Testimony which John gives to Christ, and it is given with great affection and admiration of him: Bebold, yea, admire in beholding the Lamb of God which taketh away the fin of the world; behold him with affections fuitable to fuch an object. Ecce persona à Deo ordinata in victimam ad expiandum peccata Grotius. Behold the person appointed by God for a facrifice to expiate fin. Now though this Scripture be very fruitful in practical observations, yet it is not my purpose at this time to note or profecute any of them, except this one, which rifes from the præfatory particle, or that note of admiration, with which fobns Testimony of Christ is usher'd in; Behold the Lamb of God. And the note thence will be this:

Doct. That Jesus Christ the Lamb of God, is to be beheld with admiration and affection

affection suitable to such an object. Christ is beheld by men three ways.

First: Carnally, with an eye of flesh. So men faw him in the days of his flesh, and despised him, Isa. 53.2 Carnal eyes faw no beauty in him that he should be defired.

Secondly: Fiducially, by the eye of Faith; believing is seeing Christ, Job. 6.40. Faith is to the Saints instead of eyes; by it they make Christ present, though the Heavens have received him out of our carnal fight.

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Thirdly: Beatifically, by the glorified eye. So the spirits of just men made Perfect, do by their mental eye fee him in glory, and all the Saints after the Resurrection, shall with these Corporeal eyes, see their Redeemer, according to 70b 19. 26, 27.

The fight of Christ by Faith (which is all the fight of him that any man now hath, or can have in this world) as it is much more excellent than the first, for bleffed are they that have not feen, and yet be-

lieve, Joh. 20. 29. So it is much inferiour to the last, I Cor. 13, 12. For now we fee darkly through a glass, but then face to face. But though it be an inferior Vision, in respect of that which is immediate and perfect, yet the eye of Faithfis a precious eye, and the Visions of Christ by Faith, are ravishing Visions; and he that beholds Christ, the Lamb of God, by a fleddy fixed eye of faith, cannot but admire, and be deeply affected with such a fight of him. The views of Christ by Faith are ravishing and transporting views, 1 Pet. 1. 8. VVhom baving not feen, ye love, in whom, though now ye see him not, yet believing, ye rejoyce with joy unspeakable, and full of glory.

It is a disparagement to so glorious an object as Christ, to behold him, and not wonder; to see, and not love him. Certainly the admiration, love, delight, and joy of our hearts, are all at the command of Faith: For let us but consider what ravishing excellencies are in Christ, for the eye of a

Believer to behold and admire.

First : God is in Christ, 2 Cor. 5. 19.

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He is God manifest in the stesh, I Tim. 3. 16. A God Incarnate, is the worlds wonder: Here is Finite and Insinite joyn'd in one; Eternity matcht with Time; the Creator and creature making but one person. The Lord bath created a new thing in the earth, a Woman shall compass a man, Jer. 31. 22. 'Tis an argument of weakness to admire little things, and of stupidity not to admire great things, Many Miracles (saith one) were wrought by Christ in the sless, but the greatest of all Miracles was his assumption of sless.

Secondly: The Wisdom of God is in Christ; yea, in him are hid all the treasures of VVisdom and Knowledge, Col. 2. 3. Never did the Divine Wisdom display its glorious beams in the eyes of Men and Angels in any work of God, since the beginning of time, as it bath done in the designation of Christ to be the Lamb of God, a Sacrifice for sin. Behold the Lamb of God; and in him, behold the unsearchable Wisdom of God, in recovering the Elect persectly from all the danger of sin, and yet

I 3 making

making fin more dreadful to them by the way of their recovery from it, than ever it could be made by any other confideration.

Infinite Wisdom in suiting the Sinners remedy to the cause of his Disease !The Disease was the Pride of Man; the Remedy was the Humiliation of the Son of God. Man affected to be as God, that ruin'd h...; God comes down, assumes sless, and will be found in fashion as a man; that saved him.

O profound Wisdom! which from the loss and ruine of our Primitive glory, which was the undoing of us, soul and body, takes the occasion of raising us to a far better state, and settles us in it, with a much better security than the former.

Who but J fus Christ, the Wisdom of God (as he is called, I Cor. 1. 24.) could ever have ordered and over ruled the worst of evils, so as by occasion of the breach of the Law to raise more glory to God than ever could have been given to him, by the most punctual observation of its commands,

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er ior by the most rigorous execution of its penalties. O the astonishing depth of Wisdom!

Thirdly: The love of God is in Christ. Behold the Lamb of God! and in him. behold the love of God in the highest and most triumphant discovery that ever was or can be made of it in this world, I Joh. 4. 10. Herein is love, not that we loved him, but that he loved us, and fent bis Son to be the Propitiation for our fins. O here, here is the love of God to Sinners; he manifests love to us in our daily provisions, protections, deliverances, and comforts. That we have health when others groan under pains, therein is love. That we have bread to eat, when others are ready to perish, therein is love. O! but to have Christ to be a Propitiation for us, when the Angels that fell were left desperate, therein was love indeed. All the love that breaks out in the variety of providences for us in this world, in our Health and Estates, in our Relations and Comforts, is nothing compar'd with this love. Herein is love indeed. Fourthly :

Fourthly: The tender mercies of God over poor Sinners are in Christ: As Christ is the mercy promised, Luk. 1.72. the capital mercy, fo he is the Channel through which all the streams of Gods mercy flow freely to the Sons of men, Jude 21. the mercy of God to Eternal life, or his faving mercies are only dispensed to us through Jesus Christ. Behold the Lamb of God! A Lamb prepared by the aftonishing mercy of God, a Sacrifice for us, when no Sacrifice is laid out for fallen Angels. Mercy alone hath made this difference; mercy opened its tender eye, and looked through Christ upon us in the depth of our misery. In Christ it is that the milder attribute of mercy is exercised upon us, whilst severe Justice punishes them.

Fifthly: All the hopes of poor Sinners are in Christ, Col. 1.27. Take away Christ, and where is the hope of our soul?

Tim. 1.1. 'Tis by the Blood of the Lamb that we have hope towards God; In his Oblation, and no where else, our hope of Salvation finds footing. On him it is the Anchor of hope is fixed, and the soul

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stayed when the storms of fear and inward trouble do arise and beat violently upon it.

Sixthly: The Salvation of our fouls to Eternity is in Christ, Acts 4. 12. Neither is there any other name given under Heaven, by which we must be saved. He is the Ark in whom we are preserved, Jude v. 1. Look as the sprinkling of the Blood of the Paschal Lamb upon the Door-posts of the Ifraelites was that which preserved them from the destroying Angel, so the Blood of Christ the Lamb of God Typissed by that Blood, saves Believers from the wrath to come.

But who can open the unsearchable riches, or recount the ravishing excellencies found in Christ? Angels and the Spirits of just men made perfect behold and admire for evermore the incomparable excellencies of Christ! Heaven would be no Heaven to them, if they could not behold Christ!

there, Pfal. 73. 25.

But my butiness rather lies in improving this point, than endeavouring farther to unfold it; for new wonders will appear in Christ, if we behold him to Eternity.

U/e. Use. And all the improvement I shall make of it shall be in one use of Exhortation, bespeaking every one of you, what ever your present condition and estate be, to behold the Lamb of God, which taketh

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away the fin of the world. And

First: If there be found among you any that are sensible of a stony, hard heart which cannot relent and mourn for all the wrong done to Jesus Christ by sin, whose affections are benumm'd and stupisted by fin; fo that no confiderations they can urge upon their own hearts, are able to thaw them, and cause a relenting pang for sin. To fuch I would direct the words of this Text, as the most effectual means to melt such hearts. Look hither, hard heart, Behold the Lamb of God. Confider, believe and apply what is here sensibly represented, and thy heart is hard indeed if it relent not upon such a view of Christ. It's said, Zech. 12. 10. They shall look upon me, whom they have pierced, and mourn. Behold the Son of God brought as a Lamb to the Slaughter for thee a vile polluted Sinner: Behold

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Behold the invaluable Blood of this Sacrifice shed for thee: Bring thy thoughts to this subject; think who it is that was made a Lamb for Sacrifice, for whom he endured all his unspeakable fufferings, how meekly and willingly he endured all the wrath of God and men; standing in his perfect Innocency to be flain for thee: Behold, he was made fin for thee, who had no fin; that thou who hadft no Righteousness, mightst be made the Righteousness of God in him. O, who ever loved thee at that rate Christ hath done? Who would endure that mifery that Christ did endure for thy fake? Would thy Father, or the Wife of thy bosom, or thy Friend that is as thy own foul, be content to feel that for thee (though but one hour) which Christ felt when his sweat was as it had been great drops of Blood falling down to the ground? Nay, thou wouldst never tafte fuch a cup for the faving of thine own Child, as Christ drank off, when he cried, My God, my God, why haft thou torfaken me ? Behold how he loved thee! Surely

Sacramental Deditations.

Surely if the Rocks rent asunder at his passion, thy heart is harder than a Rock. If it thaw not at fuch a fight as this. Fix thine eyes a while here, and thine eye will

affect thy heart.

Secondly: Is there any among us that make too light of fin, and are eafily overcome by every temptation to the commission of it? O come hither and behold the Lamb of God, and you cannot possibly have flight thoughts of fin after fuch a fight of Christ. See here the price of fin, behold what it cost the Lord Jesus Christ to expiate it. Did he come into the world as a Lamb, bound with the bands of an irreversible decree to die for sin? Did he come from the Bosom of the Father to be our Ransomer, and that at the price of his own life? Did the hand of severe Justice shed the Heart-blood of this Immaculate Lamb to fatisfie for the wrongs thy fins have done to God? and yet canst thou lock upon fin as a light matter? God forbid.

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brake through the hoft of the Philistins. and brought unto David the waters of the well of Betblebem : It's faid, 2 Sam. 23. 17. he awould not drink thereof, but poured it out before the Lord, and faid, Be it far from me that I (hould do this; is not this the blood of the men that went in Feopardy of their lives?

He longed for it, and yet would not tafte it, how pleafant foever it would have been to him, confidering what hazard was-

run to obtain it.

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Ah Christian, it was but the hazard of their Blood that gave cheque to David's appetite to the water; and if the water had cost an equal quantity of their blood, yet it had been but a low argument to diffwade him from drinking it, to this confideration that now lies before thee. Thy fin actually cost the blood of Christ, one drop whereof is more valuable than all humane blood; and yet wilt thou not deny thy Lusts, nor refist a temptation for his sake? Behold the Lamb of God flain for thy fin; and thou canst never have slight thoughts Thirdly: of it any more, K

Thirdly: Is there any among you that droop, and are discouraged in their spirits, because of their manifold aggravated Iniquities? who being over-weighed with the burdensome sense of sin, despond and sink in their minds: to such I would apply the words of my Text as a soveraign Cordial to revive their hearts and hopes; Behold the Lamb of God, that taketh away the sin

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of the world.

it the Blood of the Lamb can take away the fin of the world, it can take away thy fin, though there be a world of fin in thee: For do but consider Christ as designed from Eternity to be our Propitiation, Joh. 6. 27. Him bath God the Father Sealed, as Sacrificed in our room in the fulness of time, I Cor. 5. 7. Christ our passover is Sacrificed for us, as accepted by the Father with greatest content and pleasure; even as a (weet smelling savor, Eph. 5. 2. as publiquely justified and discharged by God the Creditor at his Refurrection, 1 Tim. 3. 16. and John 16. 9. And lastly, Consider him as now in heaven, where he appears before

before God for us, as a Lamb that badbeen sain, Rev. 5. 6. bearing the same marks of his death, and presenting them harre God, as the most effectual and moving a to procure pardon and mercy for his people. Let these things, I say, be deely pondred, and nothing will be found more effectual to relieve the despondent minds of poor Believers against the finking sense of mear fin.

He that represents himself in the Sacrament as wounded for you, shews at the fame time, to the Father in Heaven, real Body that was wounded; than which, nothing more effectually moves mercy, or stays the sliding feet of a poor Believers hope: And that whether we consider.

First: The dignity of the body which was wounded, the most hallowed and deeply fanctified thing that ever was created,

Luk. 1. 35. That holy thing.

Secondly: Or his Vicegerency in Suffering, He was wounded for our transgressions, Ifa. 53. 5. It was for that hard, proud, vain, dead heart that thou complainest of: Or

Thirdly: The end and defign of those K 2 wounds. wounds, which was to repair the Honour of God, and the violated Law; the language of that blood (which is faid to speak better things than the blood of Abel, Heb.

12. 24.) is this.

Father, have these poor souls wounded thy name; thine Honour, thy Law? Behold the wounds thy Justice hath inslicted on me for reparation of all that wrong they have done thee! Oh how sweetly doth the Blood of the Lamb settle the Conscience of

a poor drooping Believer!

Fourthly: Is there any among you that are faint-hearted and ready to shrink away from any sufferings for Christ, as unable to bear and endure any thing for his sake? To such I would say in the words of this Text, Bebold the Lamb of God. Did Christ suffer such grievous things for you, and cannot you suffer small matters for him? Alas, what is the wrath of man to the wrath of the great and terrible God! Beside, he was an Innocent Lamb, and deserved not to suffer the least degree of penal evil upon his own account, but thou

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hast deserved Hell, and yet shrinkest under the sufferings of a moment. Did he suffer so much for you, and can you suffer nothing for him? Surely he in suffering for you hath lest you an example that you should follow his steps, I Pet. 2. 21. What is our Blood compar'd in dignity to the Blood of Christ? What are our sufferings compar'd in kind or degree, to the sufferings of Christ? Nothing is sound to fortise a mans spirit for sufferings, as the Meditation of Christs sufferings for us doth.

Fifthly: Is there any among you that are impatient under your own perfonal tryals and troubles, apt to howl under common afflictions from the hand of God, or swell with revenge under injuries from the hands of men? To such I would say, Behold the Lamb of God. Was Christ a Lamb for meekness, and art thou a Lian for sierceness? Was he silent, not once opening his mouth when he suffered most vile things from the hands of Sinners, and can you bear nothing? He

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fuffered patiently, and deserved it not; you suffer impatiently, and have deserved

infinitely more.

O that you would learn to be more Ch. ist-like in all your tryals and afflictions. Let it not be said that Christ carried it as a Lamb, when he was tried; and we like Swine grumbling, or houling when we are tried. O get a Christ-like temper.

Sixthly: Is there any among you that flagger at the promises through unbelief? That cannot rely upon a word of promife, because their own unbelieving hearts fill them with unworthy suspicions of the power, faithfulness, or willingness of God to perform them to them. Othat fuch would behold the Lamb of God, as represented in this Ordinance! Are not all the promises of God Sealed to Believers in the Blood of this Lamb? Heb. 9. 17, 18, 19, 20. Are notall the promises of God in Christ, Yea, and Amen to all that are in him? 2 Cor. 1. 20. Or is there any thing put into any promise of greater value than the Blood of the Lamb that was shed to pur-

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Sacramental Deditations. 103

chase it? Or is not the giving of Christ to die for us, the accomplishment of the greatest promise that ever God made to us? And after the fulfilling thereof, what ground remains for any to doubt the fulfilling of lesser promises?

Lastly: Is there any among you that defire to get up your affections at this Table; to have your hearts in a melting temper, to awaken and rouze up all the powers of your souls in so great an occasion for it as this? Behold the Lamb of God, and this

will do it.

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Christ calls off your eyes and thoughts from all other objects to himself, Isa. 65. 11. Isaid, behold me, behold me. Fix the eye of Faith here, and you will feel a pang quickly coming upon your hearts like that, Cant. 2. 5. Stay me with Flaggons, comfort me with Apples, I am sick with love. Your eye will affect your hearts: Whilst you behold, your hearts will melt within you.

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The Sixth Meditation.

UPON

Rom. 8. 32. He that spared not his own Son, but delivered him up for us all, how shall be not with him also freely give us all things?

THIS Scripture contains a most weighty argument to encourage and confirm the Faith of Christians in the expectation of all spiritual and temporal mercies. It proceeds from the greater to the lesser affirmatively. He that delivered his Son for us, what can he deny us after such a gift? every word hath its weight.

Did not God spare (i.e.) abate any thing which his justice could inflict upon his Son, his own Son, opposed here to his adopted Sons, as being infinitely more excellent than they, and most dear to him above and beyond all others; but on the scattary, delivered him up, how dear so-

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ever he was unto him, to Humiliation, contradiction of Sinners, to all forrows and temptations, yea to death, and that of the Cross, and all this for us, for us Sinners, for us Enemies to God, for us unlovely Wretches? How shall be not with him alfo freely give us all things? How is it imaginable that God should with hold after this, spirituals or temporals from his people? How shall he not call them effectually, justifie them freely, sanctifie them throughly, and glorifie them eternally? How shall he not cloath them, feed them, protect and deliver them?

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Surely if he would not spare or abate to his own Son one stroke, one tear, one groan, one sigh, one circumstance of mifery; it can never be imagined that ever he should after this deny or with-hold from his people, for whose sakes all this was suffered, any mercies, any comforts, any priviledge, spiritual or temporal, which is good for them, and needful to them. So that in the words we find, I. A Proposi-

tion: 2. An Inference from it.

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The Proposition opens the severity of Gods justice to Christ; the Inference declares the riches of his mercy to us in Christ.

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First: We have here before us a Propofition containing the severity of Divine Justice towards Christ: And this is expressed two ways; viz. 1. Negatively; he spared him not. 2. Affirmatively; he de-

livered him up for us.

First : Negatively ; He spared not his own Son. There is a three-fold mercy in God, viz. Preventing mercy, which steps between us and trouble : Delivering mercy, which takes us out of the hand of trouble: And Sparing mercy, which though it do not prevent nor deliver, yet it mitigates, allays, and graciously moderates our troubles; and though sparing mercy be defirable and sweet, yet it is the least and lowest fort of mercy that God exercises towards any. Though it be mercy to have the time of sufferings shortned, or one degree of fuffering abated; yet these are the lowest and least effects of mercy, and yet these were

Sacramental Detotations. 107
were denied to Jesus Christ, when he stood
in our room to satisfie for us. God spared
not one drop, he abated not one degree of
that wrath which Christ was to suffer for
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Secondly: Affirmatively. But on the contrary, he delivered him up for us all.

He delivered him, as a Judge by sentence of Law delivers up the Prisoner to be Executed. 'Tis true, Pilate delivered him to be Crucified, and he also gave himself for us; but betwixt Gods delivering, Pilates delivering, and his own, there is this difference to be observed. In God it was an Act of highest Justice. In Pilate an Act of greatest wickedness. In himself, an Act of wonderful obedience.

God, as by an Act of highest Justice, delivered him up for us. For us, notes the Vicegerency of his sufferings, not only for our good as the final cause, nor only for our sins as the meritorious cause, but for us (i.e.) in our room, place, or stead, according to 1 Pet. 3. 18. and 2 Cor. 5. 14.

Secondly: We have also here before us

a most sweet and comfortable inference and conclusion from this proposition. If God have so delivered him, how shall be not with him freely give us all things? For Christ comprehends all other mercies in himself, therefore in giving him for us, all other mercies are necessarily with him given to us.

And these mercies the poorest, weakest Believer in the world may warrantably expect from God. For as God delivered him for us all, so the treasures of all spiritual and temporal mercies are thereby freely opened to us all, to the weak as well as to

the ftrong.

He faith not Christ was delivered for all absolutely, but for us all (i.e.) all that Believe, all that are Elected and Called, in whose person it is manifest the Apostle here speaks, as Pareus, on the place well observed. Hence these two doctrinal conclusions fairly offer themselves.

Doct. 1. That the rigor and severity of
Divine Justice was executed upon Jesus Christ, when he suffered for us.
Doct. 2. That believers may strongly
infer

Sacramental Peditations. 109

infer the greatest of mercies to themselves from the severity of Gods Justice to Jo-

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I would willingly speak to both these points at this time; each affording such proper matter of meditation to us in such a scason as this. To begin therefore with the first observation.

Doct. 1. That the rigor and severity of Divine Justice was executed upon fesus Christ, when he suffered for us:

God did not spare bim.

In Zach. 13. 7. you have Gods commission given to the Sword of Justice, to smite his own Son, and that without pity. Awake, O Sword, against my Shepherd, and against the man that is my fellow, smite the Shepherd, &c. And when this Commission came to be executed upon Christ, the Text tells us, God did not spare him. All the Vials of his wrath were poured out to the last drop.

Two things require our attention in this point.

1. Wherein the feverity of Justice to Christ appeared.

2. Why must Justice L

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be executed on him in such rigor and severity? Why there could be no abatement, mitigation, or sparing mercy shewn him in that day.

First: Wherein the severity of Divine Justice to Christ appeared. And this will manifest it self in the consideration of the

following particulars.

First: Let us consider what Christ suffered, and we shall see the severity of Just come his sufferings, for he suffered all kinds of miseries, and that in the most intense degrees of them. His sufferings were from all hands, from Heaven, Earth, and Hell: From his Enemies who Condemned him, Busteted him, Reviled, Scourged and Crucified him. From his own Disciples and followers, one of whom persidiously betray'd him, another openly deny'd him, and all in the hour of his greatest trouble forsook and abandoned him.

He suffered in his body the most exquifite torments; the Cross was a cruel Engine of torment, and more so to him than any other, by reason, of the excellent Crass and temperament of his body; and his most

acute and delicate sense; for as the Schoolmen truly fay, He was optime complexionatus, of the most exact and exquisite Complexion; and his fenses remained acute and vigorous, no way blunted, during the whole time of his fufferings, but full of life and sense to the last gasp, as may be gather'd from Mark. 15. 39. When the Centurion which stood over against him, saw that he fo cried out, and gave up the Ghoft; he faid Truly this was the Son of God.

He suffered in his soul; yea, the sufferings of his foul, were the very foul of his fufferings; he felt in his inner man the exquifite torments and inexpressible anguish of the wrath of God. Hence was that preternatural bloody sweat in the Garden; and hence that heart rending out-cry upon the Cross, My God, my God, why hast thou

for faken me?

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In all which sufferings from Heaven, from Earth, from Hell, from Friends, from Enemies, there was no allay or abatement of the least degree of misery. God spared

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not his own Son (faith the text) but delivered himup. Wherein the severity of Divine Justice to Jesus Christ is displayed in these five remarkable considerations follow-

ing.

First: God spared not: If mercy, pity, and forbearance might be expected from any hand, surely it might be expected from God. He is the Fountain of mercy, The Lord is very pitiful, and of tender mercy, saith the Apostle, Jam. 5. 11. The most melting and tender compassions of a mother to her Sucking Child, are but cruelty in comparison with divine tenderness and mercy, Isa. 49. 15. Can a Woman forget her sucking Child, that she should not have compassion upon the Son of her womb? yea, they may forget, yet will I not forget thee.

Can a Woman, the more affectionate Sex, forget her sucking Child, her own Child, and not a nursing child only; her own Child whilst it hangs on her breast, and with the milk from her breast, draws love from her heart? Can such a thing as this be in Nature? Possibly it may; some such

Sacramental Peditations.

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cruel Mothers may be found, but yet I will not forget thee, faith God. Though humane cortupe Nature may be so vitiated, yet from the Divine nature compassion and mercy are inseparable. It flows as waters flow from their Fountain; only here it restrained it self, and let not one drop to Jesus Christ in the day of his sufferings. God, the God of mercy spared not.

Secondly: God spared not, faith the Text (i.e.) he abated not any thing which Justice could inflict. Christ was not spared one stroke, one tear, one groan, one drop, one sigh, one shame, one circumstance, no not the least, which Justice

could demand as fatisfaction for mans fin-

There be divers kinds of mercy in God; there is in him, preventing mercy, delivering mercy, and sparing mercy. Now sparing mercy (as Mr. Carylon Job well observes) is the lowest mercy of all the three. Tis less mercy to be spared or abared some degree or circumstance of misery, than to have mifery prevented by mercies stepping in betwixt us and it. It's less also than to be wholly delivered out of the hand of mifery. Either of these are greater acts of mercy than to abate a degree, or shorten an hour of our trouble; the least abatement of any one circumstance of misery had been sparing mercy, though it had been but the least and lowest act of mercy; and yet even this was denyed to Christ, he was not abated the minute of time, or the least degree of forrow, God spared not.

Thirdly : He spared por his own Son & you ishow,

1 14 Sacramental Deditations.

So fliled Signanter his own or his proper Son, in a special and peculiar manner nearer and dearer to him than the Aegels, who are his Sons by Creation, Job 1. 6. or any of the Saints who are his Sons by grace, in the way of Regeneration and Adoption, Job. 1. 12, 13. This was his own Son by Nature, a Son of an higher rank and order, Psal. 2.7. begotten in an ineffable manner from all Eternity in his own divine effence; and so is his Son by Nature, having the same Essence and Nature with the Father, being co-equal, co-effential and co-eternal with the Father.

No relation in nature is so intimate, strict and dear as this; our Children are not so much our own Children, our bodies are not so much our own bodies, as Christ was Gods own Son; and yet though he were so dear to him, his other Self, his express Image, his own dear Son, he spared him

not. God spared not his own Son.

Fourthly: And that which makes a farther discovery of Divine severity towards Jesus Christ, is this; that God spared not his own Sonin the day of his greatest distress, when he cryed to his Father in an Agony, that if it were possible the cup might pass from him: For of that day this Scripture is mainly to be understood, the day when he fell to the ground and pray'd, That if it were possible, the hour might pass. When he said, Abba, Father, all things are possible to thee, take away this Cup from me, Mark. 14.35, 36. He beheld his own dear Son sweltering under the heaviest pressure of his wrath, sweating great drops of Blood; crying, If it be possible.

possible, let this hour, this cup pass, and yet it could not be granted: O the severity of God! He heard the cry of Ahab, and spared him; he heard the Ninevites cry, and spared them : He heard the cries of Hager and Ibmatt, and spared them: Yea, he hears the young Ravens, when they cry, and feeds them: But when his own Son cryed with the most vehement ery, that the Cup might pass, he cannot be excused, he must drink it up, even the very dregs of the Cup of trembling, and that to the last drop. O the Justice and Severity of God!

Fifthly and laftly; Confider what the Father of mercies did inflead of sparing the Son of his love, and the Text will inform you, that he delivered him up for us all. So 'cisnoted in Act. 2. 23. Him being delivered by the determinate Counsel and fore-knowledge of Ged, yehave taken, and with wicked hands have Cruci-

fied and Slain.

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There was a Concession or Permission to those wicked Infiruments that flied his blood, a loofing of the chain to those Ban-dogs, that compassed him about. Such a Concession as was never given them before, for still they were eved up from perperrating their wickedness, but now the restraints of providence are taken away, and he is delivered unto their will, his own Father delivers him into the hands of cruelty. And thus you fee wherein the feverity of Divine Inflice to Christ was manifest.

In the last place, let us see the ground and reason of this rigor and severity to Christ, now there are among others, three special reasons why Christ The

could not be spared.

116 Sacramental Deditations.

The honour of divine juffice required that he should suffer the utmost degree of punishment. It was meet that the rights of Heaven should be vindicated to the full, and that the juffice of God should have the last Mite it could demand for fatisfaction. And this was the special design and aim of God in the sufferings of Christ, as the Apostle Speaks, Rom. 3. 25, 26. It was to declare his Righteoulness; and left we should lose the Emphatical word, it is doubled and repeated, to declare, I fay, at this time his Righteoufness. And indeed herein God fully obtained his defign : for never was juffice so honoured before, to have such a person as the Son of God frand at its Bar, and fuch a fum as his blood paid down at once for our discharge. So that Ju-Rice triumphs as well as mercy, and one Attributeis not rob'd to pay another.

As it was necessary to God's satisfaction, so it was necessary to ours also. If the Lord Jesus had not made full payment to the utmost mire, we could never have had full satisfaction in our Consciences; about that deep and dear concernment of our souls, the remission of sin. Man is a guilty and a suspicious Creature, and hard to be brought to an intire considence in the pardoning mercy of God. Yea, it is impossible to persuade a convinced Conscience of the possibility of remission, except you can also prove the sulness of divine satisfaction. For Conscience requires assumed to satisfied, then Conscience can be satisfied too, and securely rest upon that ground; but if there be any doubt of that,

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there is no appealing of an anxious and jealous Conscience. Greatly therefore bath God consulted our peace in the feverity of his Justice to Jesus Christ. Now the God of peace, who brought again from the dead our Lord Jefus, that great Shepherd of the Sheep through the blood of the everlasting Covenant, Heb. 13. 20. Let the words be weighed: He is stiled the God of peace when he brought back Christ from the dead. It was incensed justice that put him to death, and appealed justice that brought him back from the dead; and that which pacifies God, is, the only thing in the world that is able to fatisfie

the Conscience of a Sinner.

3. Therefore did God proceed with fuch rigor and feverity with Jesus Christ, that thereby the demerit and evil of fin might be fully discovered to the world, and an everlasting caution left upon all hearts to beware of contracting new guilt. If Juflice had descended in a visible form, and hang'd up millions of Sinners in Chains, it had not been fuch a warning as this against sin. Nay, let me fay the grievous and eternal torments that the Damned fuffer in Hell, is not fuch a demonstration of the evil of fin as this is; for those torments are much unknown to men till they feel them, and when they begin to feel them, it is too late to be convinced or cautioned against fin then. But to fee fuch a Personas Christ exposed to the utmost severity of God's wrath for our fin, to see such things done in the green Tree, may well make us cry out, Lord, what will be done to the dry Tree ? O. the infinite evil of fin! O the inflexible feverity of Divine

118 Sacramental Peditations.

Divine justice! it is a fearful thing to fall into the hands of the living God.

In a word, hereby Jesus Christ is endeared the more to his people, by suffering such great and hard things in their place, and for their sakes. The extremity of his sufferings for us, commends the

ftrength of his affection to us.

And thus you fee the reasons of all this severity to Jesus Christ. God intended the sweetest mercies for you, and therefore prepared the bitterest sufferings for Christ; from his deep sufferings you may considently conclude the best of mercies are designed for you, as you will hear in the Prosecuting of the second Dott. which for dispatch I Purpose to handle as one Use of this point now before me.

O the admirable and aftonifhing love of God to us poor worms of the Earth, to deliver up his own Son into the hands of his Enemies, that thirfted for his blood! long had they been reftrained from fatisfying their wickedness, and executing their malice till now, and this was the hour which he often spake of; My hour is not yet come. But O, what a dismal hour was it, when it did come! when providence let loose both Devils and men upon Christ! deliver'd him over to the will of his Enemies. And this was not all, Christ was not only delivered up into the hands of the worst of men, but which was much more terrible, into the severe hands of Divine Justice, to grapple with the Pure, unmixed, and unallayed wrath of the great and terrible God.

Laftly: We will improve this point in a double Use, by way of Information, and Exhortation.

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Use 1. Of Information. The Severity of God's Justice to Jesus Christ, informs us what a dreadful evil sin is, which so incenses the Wrath of God, even against his own Son, when he bare our sins, and

ftood before the Bar of God as our Surety.

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Come hither, hard hearts, (hard indeed, if this' cannot break them) you complain you cannot fee the evil of fin, fo as to be deeply humbled for it; fix your eyes a while here, and intently confider the point in hand: Suppose you saw a tender and pitifal Father come into open Court with fury in his face, to charge his own, his only, and his most beloved Son; and profecute him to death, and nothing able to farisfie him, but his blood; and be well pleafed when he fees it fhed: Would you not fay, O, what horrid evil hath he done! it must be fome deep wrong, fome heinous crime that he is guilty of, elfe it could never be that his own Father could forget his bowels of pity and mercy; yet thus did the Wrath of God break forth against his dear Son, when he flood before the Bar charged as our Surety with the guilt of our fins.

Secondly: Learn hence, what a fearful thing it is to fall into the hands of the living God. Well might Lather cry out, Nolo Deum abfolutum, Let me have nothing to do with an abfolute God. Woe to them that stand before God in their own persons, without Christ; how will Justice handle them! For if these things were done in the green Tree, what shall be done in the dry Tree? Luke 23.31. Did the Son of God sear, tremble, sweat clods of Blood? Did he stand amaz'd, and fall into such an Agony of soul when he drank

that

that Cup, which he knew in a few hours he should drink up, and then never taste the bitterness of it more: How sad is their case, that must drink of that Cup for ever, a Cup that hath Eternity to the

botrom!

Thirdly: How incomprehenfible and ravishing is the love of God to men, that would rather be to fevere to Jesus Christ, the darling of his soul, than make us the objects of his Wrath for ever! Which of you (though there be infinitely less tenderness in your hearts than inGods) would lay your hands upa Child, the worst Child you have, and put him to death, for the sake of the best Friend you have in the world! But God, with his own hand, delivered his Son, his only Son, that from everlassing was the delight of his soul, who never offended him, to death, the most cursed and cruel death, and all this for Enemies; how unspeakable is this love, and past sinding out!

Fourthly: Did not God spare his own Son? then let none of us spare our own sins. Sin was that Sword which pierced Christ: O let sorrow for sin pierce your hearts! if you spare sin, God will not spare you, Deut. 29. 20. We spare sin, when we faintly oppose it, when we excuse, cover, and defend it; when we are impatient under just rebukes and reproofs for it; but all kindness to sin, is cruel-

ty to our own fouls.

Fifthly and laftly: If God did not spare Christ, certainly he intends to spare Believers for his sake.

The Surety could not be spar'd, that the Principal might be spar'd for ever. If God had spared him,

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he could not have spared us; if he afflicts his People, it is not for satisfaction to himself, but profit to us, Hib. 12.10. Should God spare the Rod of Affliction, it would not be for our advantage. So many sanctified Afflictions as are spar'd or abated, so many mercies and spiritual advantages are with-held from us. But as for those strokes of Justice that are the effects of God's Vindistive Wrath, they shall never be felt by Believers for ever. All the Wrath, all the Curse, all the Gall and Wormwood was squeez'd into Christ's Cup, and not one dropt left to imbitter ours.

Use 2. Of Exbortation. Did not God spare his own Son, but give him up to death for us all? Then possess your hearts fully in the assurance of this great truth, That the greatest and hest of mercies shall not be denied or with-held from you, if you be in Christ. Lay it down as a sure conclusion of Faith, and build up your hope and comfort upon it. This takes in the second Observation, and surely never was any truth better fortisted, never any Inserence more strongly inserr'd. Henceforth ye may inser Temporal, Spiritual, and Exernal mercies; all must be yours, if you be Christs, I Cor. 3. 21,22,23. Oh make sure that Christ is yours, and never hestate at any other mercy: For,

First: God hath certainly a value and esteem for his own Son infinitely above all other things: He is his own Son, his dear Son, Col. 1, 13. The Beloved, Eph. 1. 6. The delight of his sonl, Isa. 42. 1. Nothing is valued by God at that rate that Christ is valued. If therefore he spare not the most excel-

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122 Sacramental Deditations.

lent mercy, but parts with the very darling of his foul for us, how shall hedeny or with-hold any lesser inferior mercy. It is not to be imagined he is the

mercy emphatically fo called, Luke 1.72.

Secondly: Jesus Christ is a Comprehensive mircy, including all other mercies in himself; he is the Tree of Life, all other mercies are but the Froits growing on him; he is the San of Rightson faels, and whatever comfort, spiritual or natural, reireshes your fouls or bodies, is but a Beam from that San, a Stream from that Fountain. If then God part with Christ to you, and for you, he will not with-hold other mercies; he will not give the whole Tree; and deny an Apple; bestow the Fountain it self, and deny you the Streams. All spiritual mercies are in him, and given with him, Ephef. 1. 3. Bleffed be the God and Father of our Lord Fefus Christ, who hath blesfed us with all firitual blefings, in heavenly places in Christ Fesus. Ail Temporais are in him, and given with him, Matth. 6. 23. they are additionals to that great mercy.

Thirdly: If God spared not Christ, the best mercy, but delivered him up for us all when we were his Enemies, then certainly he will not deny lester mercies when we are reconciled and made Friends to him. And this is the forcible reason of the Apostle, which even compels aftent, Rom. 5-9. Much more being now justified by his Blood, we shall be

faved from wrath through him. In a word,

Fourthly and laftly: If it were the very defign and intention of God in not sparing his own Son, to open thereby a door for all mercies to be let in

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upon us, then 'tis not imaginable he should withhold them. He will not lofe his defign, nor lay fo many ftripes upon Chrift in vain: Some shall furely have the benefit of it, and none so capable as Believers.

When God spared nor his own Son, this was the defign of it, and could you know the thoughts of his heart, they would appear to be such as

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I will now manifest the fierceness of my Wrath to Christ, and the fulness of my Love to Believers. The pain shall be his, that the ease and rest may be theirs; the stripes his, and the healing balm issuing from them The Condemnation his, and the Justification theirs. The Reproach and Shame his, and the Honour and Glory theirs. The Curfe his, and the Bleffing theirs. The Death his, and the Life theirs, The Vinegar and Gallhis, the sweet of it theirs. He shall groan, and they shall triumph; He shall mourn, that they may rejoice: His heart shall be heavy for a time, that theirs may be light and glad for ever . He shall be forsaken, that they may never be forsaken:Out of the worst of miseries to him, shall spring the sweetest of mercies to them. O Grace, Grace, beyond the conception of the largest mind, the expression of the tongues of Angels!

The Seventh Meditation.

UPON

Mark 9. 24. And ftraight-way the Father of the Child cried, and faid with tears, Lord, I believe, belp myunbelief.

HE occasion of these words is to be gather'd from the Context; and briefly it was this; A tender Father brings a possessed Child to Christ to be cured with a Sipotes, a doubring question, If thou canst do any thing, have compassion upon us, and help Words importing much natural affection and tender love to his Child. Have compassion [upon us] and [help us.] If the Child be fick, the Parent is not well. What rouches the Child is felt by his Father.

And as they import his natural affection to his Child, fo also, his own spiritual disease, or the weakness of his Faith. His Child was possest with a dumb Devil, and himfelf with unbelieving doubts, and suspicions of Christs ability to cure his Child: The Child had a fick body, and the Father an infirm foul. Satan afflicted one by a possession, and the o-

ther by temptation, ver. 22.

Christ returns his doubting language upon himfelf, v. 23. If thou canft believe, all things are poffible to bim that believeth. q. d. Dost thou doubt of my a-

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bility to heal thy Child? Question rather thy own ability to believe for his cure: If he be not heal'd, the cause will not be in my inability, but in thine own infidelity: Which he speaks not to infinuate that Faith was in his own power, but to convince him of his weakness, and drive him to God for affistance, which effect it obrain'd; for immediately, be cry'd out and faid with tears, Lord, I believe, belp thou mine unbelief.

O how good is it for men to be brought into the ffreights of affliction sometimes? Had not this man fallen- into this diffress, it's not like that he had (at least not fo foon) arrived either to the sense of his

grace or the weakness of it.

In the words we may note these three parts. First: A profession of his Faith, Lord, I believe.

Secondly: A sense of the weakness of his Faith,

Help thou my unbelief.

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Thirdly: The affection with which both were uttered, He cried out, and faid withtears. If thefe tears proceeded from the fense and feeling of divine power inabling him to believe, as some think, then they were tears of joy, and would inform us of this great truth.

Doct. 1. That the least and lowest measure of true Faith is matter of joy unspeakable to the possessor of it.

If they proceeded from the sense of the weakness of his faith, then they give us this note.

Doct. 2. That the remainders of unbelief in the people of God, do cost them many tears, they are the bur-

dens and forrows of gracious fouls.

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Doct. I.

126 Sacramental Beditations.

Doct. 1. That the least and lowest measure of Faith, is matter of joy unspeakable to the possessor of it.

The Apostile in the 2 Pet. 1. 1. calls it precious Faith, and it well deserves that Epithet; for the least and lowest degree of faving Faith is of invaluable excellency, as will appear in these particulars.

First: The least degree of saving faith truly unites the soul to Jesus Christ, and makes it as really a branch or member of him, as Mosts, Abraham, or

Paul were.

All faving Faith receives Christ, 76h. 1. 12. Indeed the strong Believer receives him with a stronger and stedder hand than the weak one doth, who staggers, doubts, and trembles, but yet receives him, and consequently is as much interessed in the blessed priviledges slowing from Union, as the greatest Believer in the world. Such is Christs complacency in our persons and duties, his sympathy with us in our troubles and affilicions, and our interest in his person and purchase. And is not this matter of exceeding joy? Is it not enough to melt, yea, overwhelm the heart of a poor Sinner to discover and feel that in his own heart, which entitles him to such mercies.

Secondly: From the least degree of saving saith we may infer as plenary a remission of sin, as from the strongest. The weakest Believer is as compleatly Pardoned as the strongest, Ast. 10. 43. By him all that believe are justified from all things. All that believe without difference of sizes, strength, or degrees, the least as well as the greatest, the Be-

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ever of a day oid, as well as the Fathers and Worthies of greatest name and longest standing.

Loe then the least measure of faith intitles thee as really to the greatest bleffing, as the highest acts of faith can do. 'Tis true, the stronger the acting of faith is, the clearer the evidence usually is, but interest in the priviledg is the same in both! If then thou canst discern but the weakest act, and smallest measure of faith in thy soul, hast thou not reason with him in the Text, to cry out and say with rears, Lord I believe? Canft thou receive and read this pardon, the pardon of fuch and fo many fins, and not wet it with thy tears : O it's matter of joy unspeakable.

Thirdly: The least degree of saving faith infers thy Election of God; and if that be not matter of melting and transporting confideration, nothing is. O, it's matter of more joy, that our names are written in the Book of Life, than that the Devils are Subject to us, Lut. 10. 20. From hence it may be inferred that we are chosen of God, Act. 13. 48. As

many as were ordained to sternal life, believed.

Fourthly: The least measure of faving faith is a mercy greater than most men ever partake of.

'Tistrue, God is rich and bountiful in the gifts of Providence to others, they have the good things of this life, many of them more than their hearts can wish, Pfal. 73. 7. He enricheth many of them also with endowments of the mind, natural and moral knowledge and wifdom, yea, and aderns them with Homilitical vertues, that render them very defirable

firable and lovely in their converses with men; but there are but few, to whom he gives faving faith, Ifa. 52. 1. Believers are but a small remnant among men.

Fifthly and lastly: He that hath any, the least degree of faving Faith, hath that which shall never be taken away from him; all other excellencies go away at death, 70b.4. 21. But this is a spring that never fails, it springs up into everlasting life, John 4. 14. A man may out-live his Friends and Familiars, his Estate and Health, his Gifts and Natural parts, but not his Faith; how great matter of joy and comfort is wrapt up in the leaft degree of Faith!

Use 1. Of Tryal. It concerns us then to examine our selves, whether our Faith be true, be it more or less, stronger or weaker, and till we discern its

truth, it will yield us but little comfort.

I confess, weak Believers are under great disadvantages to comfort, small and weak things being usually very inevident and undiscernable; but yet in this example before us, we find weak Faith was made evident, though much unbelief was mixed with it. Lord, I believe, belo thou my unbelief. In which words, many very useful figns of true, though weak Faith, did appear, and they are very relieving to weak Believers to confider them. O that we might find the like in us!

First: His Faith gave him a tender melting heart. He cry'd out, and faid with tears. Dorn your Faith melt your hearts, either in the sense of your own vileness, or of the riches of free grace to such

vile creatures?

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Secondly: His Faith gave him a deep sense of his remaining unbelief, and burdened his heart with it, Help my unbelief: And sure so will yours, if it be but as a grain of Mustard-seed in you.

Thirdly: His weak Faith carried him to Christ in fervent prayers and cries for his help to subdue unbelief in him, and so will yours if your Faith be right. Oh how often do the People of God go to the Throne of Grace upon that Errand! Help, Lord, my heart is dead, vain, and very unbelieving; there's no dealing with it in my own strength: Father, help me.

Fourthly: His Faith made him hunger and thirst after greater measures of it. Help my unbelief, (i. L. Lord cure it, that I may believe with more strong and fieddy acts of Faith; that I may not question thy power any more, or say, If thou canst do any thing. Why thus it will be with you, if you be true Believers, Luke 17. 5. Lord (said the Disciples) in-

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Fifthly: There was a conflict in his foul betwixt Faith and Infidelity, Grace and Corruption, and this very sensible to him, Faith inclining him one way, and Unbelief carrying him another; and hence he speaks like a man greatly distressed betwixt the workings of contrary principles in his own soul, and so you will also find it in your selves, Gal. 5. 17. The stell lusteth against the spirit, and the spirit against the stell, so that ye cannot do the things that we would.

Use 2. Of Confolation. Well then, bless the Lord for the least degree of saving Faith, and be not so discouraged

discouraged at its imperfections as to over-look and flight the smallest working of Faith in your fouls, This poor man was deeply fenfible of his unbelief, and yet at the fame inflant truly thankful for a small measure of Faith, and so should you. For,

First: The least measure of faving Faith is more than all creatures power could produce: 'Tis the Faith of the operation of God Col. 2.12. Tis the work of God that ye believe. John 6. 29. Yea, its the exceeding greatness of his power to us-ward, who believe according to the working of his mighty power, Eph. 1. 19. 20. No Ministers of Christ, how excellent soever their gifts are, no duties or ordinances; no labour or diligence of your own, without this mighty power of God, can ever bring you to Faith.

Secondly: 'Tis just matter of wender and aftomisment, that ever one spark of Faith was kindled in fuch an heart as thine is; an heart which had no predisposition or inclination in the least to believe; yea, it was not refa tabula, like clean Paper, void of any impression of Faith, but fill'd with contrary impressions to it ; fo that'ds marvelous that ever your hears received the stamp or impression of

Faith on them.

It was wonderful that fire flould fall from Heaven, and burn upon the Altar, when Elijah had laid the wood in order upon it, but much more when he poured fo much water upon it, as not only wer all the wood, but fill'd the Trenches, a Kings 18 . 22. Just so was the case of thy foul, Reader, when God came to kindle Faith there. Thy heart

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was dark and ignorant, noither acquainted with God or thy own condition; yea, thy heart was a proud heart, full of felf-righteoufness, and felf-conceitedness, Rom. 3, 17, Rom. 10, 3, a heart that would rather venture Eternal Damnation, than seny Self, and fubmit to Christ; and yet the light of the Lord must shine into this darkness, and the pride and stiffness of thy heart must be broken and brought to yield, or there is no believing.

Befide: How many and mighty Enemies did oppole the work of Faith in thy foul? Among which Stan, and thy own carnal reasonings were the principal, 2 Cor. 10,4. By them what strong holds and fortifications were raised to secure thee from the strokes of conviction, that make way for faith. Let but the state of thine own heart, as it was by acture, be considered; and thou will say. It was the worderful work of God that ever thou wast brought in

any degree to believe.

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Thirdly: Though thy Faith be weak, yet it is growing, if it be faving Faith. The largest Tree was once but a Kernel or Acorn: The most famous Believer at first out a weak and doubting one. Ee not discouraged therefore, God will fussil all the good discouraged therefore, God will fussil all the good feath with power. It were certainly much better for you to be bleising God for a little Faith, praying for the increase of Faith, and diligently attending those means by which it may be improved and made flourishing in your souls, than by a fintul, ungrateful and prejudicial despondency, at once to dishonour God, and thus wrong your selves.

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Doct. 2. That the remains of unbelief in gracious hearts, do cost them many tears and sorrows.

There are many things that afflict and grieve the People of God from without, but all their outward troubles are nothing to these troubles that come

from within.

There are many inward troubles that make them groan, but none more than this, the unbelief they find in their own hearts. This fin justly costs them more trouble than other fins; because it is the root from which other fins do spring; a froot of bitterness bearing wormwood and gall to the imbittering

of their fouls. For,

First: The remains of unbelief in the Saints greatly dishonour God; and what is a great dishonour to God, cannot but be a great grief and burden to them. For look as faith gives God special honour above all other graces, so unbelief in a special manner, both wrongs and grieves him above all other fins. Unbelief in dominion makes God a liar, 1 70h. 5. 10. and even the reliques thereof in Believers, doth shake their affent to his truths and promises, and nourishes a vile suspicion of them in the heart; and how do those base jealousies reflect upon his honour? Certainly it cannot but be a grief to a gracious heart to fee God dishonoured by others, Pfal. 119. 36. and a much greater to dishonour him our selves, bine illæ lachrymæ. Upon this ground we may justly cry out and say with tears, Lord, bely our unbelief.

Secondly: The remains of unbelief in the Saints, doth not only dishonour God, but defaces

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and spoils their best duties, in which they at any time approach unto God. Is the face of God clouded from us in Prayer, hearing, or receivingit Examine the cause and reason, and you will find that cloud rais'd from your own unbelieving hearts. Are your affections cold, flar, and dead in duty? dig but to the root, and you will find this fin to lie there. If the word do not work upon you as you defire and pray it might, 'tis because it is not mingled with faith, 31th. 4. 2. No Duties, no Ordinances, no Promises can give down their sweet influences upon your fouls, because of this fin. Now Communion with the Lord in duties, is the life of our life: These things are dearer to the Saints than their eyes. Juftly therefore do they bewail and mourn over that fin, which obstructs and intercepts their sweetest enjoyments in this world.

Thirdly: The remains of unbelief give advantage and success to Satans temptations upon us. Doth he at any time affright and scare us from our duty, or draw and intice us to the commission of sim, or darken and cloud our condition, and fill us with inward sears and horror, without cause? all this he doth by the mediation of our own unbelief. The Apostle in Eph. 6. 16. calls Faith the solid against temptation: And I Job. 5. 4. 'cis call'd the victory by which we overcome, (i.e.) the Sword or Weapon by which we Atchieve our Victories: And is so, then unbelief disarms us both of Sword and Shield, and leaves us naked of defence in the day of Battel, a prey to the next temparation that befalls us.

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Fourthly: The remains of unbelief hinder the thriving of all graces; it's a worm at their root; a plant of fuch a malignant quality, that nothing which is fpiritual can thrive under the droppings and shadow of it. It's said Heb. 4, 2, sthat the Gospel was Preached to the Isratlites, but it did not profit them, not being mixed with faith in them that heard it. No Ordinances nor Duties, be they never so excellent, will make that soul to thrive, where unbelief prevails: You Pray, you Hear, you Fast, you Meditate, and yet you do not thrive, your spiritual food doth no good: You come from Ordinances as dead, careless, and vain as you went to them; and why is it thus, but because of remaining unbelief?

Uli 1. Let all the People of God bewail and tenderly mourn over the remainders of infidelity in their own hearts. There, there is the root of the disease; and surely, Reader, thy heart is not free of such symptoms of it, as appear in other mens

hearts. For do but confider.

Symp. 1. What is our Impatiency to wait for mercy, and despondency of spirit, if deliverance come not quickly in the outward or inward streights of soulor body, but a plain symptom of unbelief in our hearts? He that bilieuts mill not make halle, Isa. 28. 16. He that can believe, can also wait Gods time, Plai. 27. 14.

Symp. 2. And what doth our readiness to use simil mediums to prevent, or extricate our selves out of trouble, but a great deal of Insidelity lurking still in our hearts? Might but Faith be heard to

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Bacramental Weditations.

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speak, it would say in thy heart, let me rather die ren deaths than commit one fin. It's (weeter and eafier to die in my integrity, than to live with a defiled or wounded Conscience. 'Tis nothing but our unbelief that makes us so ready to put forth our hands to iniquity, when the rod of the Wicked reffs long upon us, or any eminent danger threatens as, Plat 125. 3.

Sympt. 3. Doth not the unbelief of your hearts thew it felf in your deeper thoughtfulness and great anxieties about earthly things, Matth. 6. 30. We pretend we have trusted God with our fouls to all Eternity, and yet cannot trust him for our daily bread. We bring the evils of to morrow upon to

day; and all because we cannot believe more.

O Reader! How much better were it to hear fuch questions as these from thee; how shall I get an heart fuitable to the mercies I do enjoy? How fhall I duely improve them for God? What shall I render to the Lord for all his goodness? This would better become thee, than to afflict thy felf with. What shall I eat, what shall I drink or wherewithal shall I be cloathed?

Sympt. 4. What doth the flavish fear of death speak, but remains of unbelief still in our hearts? Are there not many faintings, tremblings, defpondencies of mind under the thoughts of death? O! if faith were high, thy spirit could not be so low, 2 Cor. 5. 1, 2, 3. The more bondage of fear, the more infidelity.

Sympt. 5. To conclude, What is the voice of all those diffractions of thy heart in religious duties, but want of faith, weakness in faith, and the actual prevalence of unbelief? You come to God in prayer, and there a thousand Vanities befet you; your heart is carried away, it roves, it wanders to the ends of the earth: Conscience smites for this, and saith, Thou dost but mock God, thy soul will smart for this; thou feelest neither strength nor sweetness arising out of such duties. You enquire for remedies, and fill the ears of Friends with your complaints, and it may be see not the root of all this to be in your own unbelief: But there it is, and till that be cured, it will not be better with you.

Use. 2. Yet let not poor Christians so mourn as those that have no hope or ground of comfort, even

in this case: For.

First: Though there be remains of unbelief in you, yet you have infinite cause to bless. God that they are but remains. You once were in unbelief, Tim. 1.13. (i.e.) under the full power and dominion of it. Had God cut you off in that state, you must certainly have perished. This is the distale, but that was the death of your souls.

Secondly: Though unbelief be in you, yet it is not in you per modum quietis, by way of reft, as it is in all unbelievers, but by way of daily conflict, and as a burden too heavy to be born. Now, though the fin be [ad, yet the forrow for it is freet; and your conflicts with it brings you under a very comfor-

table fign of grace, Rom. 7. 21.

Thirdly: This is a difease under which all Christians do labour more or less. There is not a heart so holy in all the world, but is in some degree taint.

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ed and infected with this disease. And this hath been evident, not only in all Christians of all sizes, but in all the acts of their faith. Jobs faith triumphed in sap. 13. 15. yet had its eclipse and fainting fit, in sap. 19. 20. Abraham was a most renowned Believer, a great pattern and example of Faith; oh! how high a pitch did his faith mount to, in Gil. 22. 3. and yet there was a time when it fainted, and sailed him, as at Gtyar, Gin. 20. 2, 9, 10, 11. David in Psal. 27. 1, 23. was not like David in 1 Sam. 27. 1. The faith of Pster shone out like the Sun in a glorious consession, Matth. 16. 16. and yet was not only beclouded, but seemed to be gone down and quite set in Matth. 26. 69. though it afterwards recovered it self.

Fourthly: 'Tis not this or that degree of unbelief that damns a man, but the power and dominion of it that damns him. Indeed your comfort much depends upon the ftrength of your faith, but your falvation depends upon the truth of it. Most Christians come to Heaven with a weak and doubting faith, but few with their sails fill'd with

direct and fresh wind of affurance.

Flithly: There is enough in Christ to help thy unbelief. Lord, said this poor man, beip my unbelief. He is an excellent Physician, and knows how to relieve and cure thee: Go to him and groan out thy complaint, tell him thy heart is pained and troubled with this disease; thou shalt find him a faithful, skilful and merciful Saviour.

Sixthly: It's but a little while before this, with all other diseases bred by it in thy soul, shall be per-

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feely healed; Sanctification is a cure begun, Glorification is the cure performed and compleated: The former hath destroy'd the dominion, the latter will destroy the existence of it in thy foul: When you come to Heaven, and never till then will you find your selves well, and at ease in every part.

And thus much of the second point.

There are some general observations arising from both parts of my Text, considered together, viz. The thankful acknowledgment of his faith, and the forrowful sense of his unbelief. It shall suffice for a conclusion to this Meditation only to note them; and they are these:

First: That the deepest sense of sin must not exclude an humble and thankful acknowledgment of the grace of God in his People. This the fault of most to hide their sins, and the fault of some to

hide their graces.

Secondly: Acceptance of our persons and duties is a pure act of grace. There's no duty personned in a persect act of faith; all is mixt with unbelief in some degree, the Honey and the Comb are mixt together, Cant. 2. 8. No duty as it comes from us is pure.

Thirdly: Justly may we suspect that faith for a false saith, which boasts of its own strength, but never mourns in the sense of unbelief. Where there are no consticts with sin, there can be no

found evidence of fincerity.

Fourthly: Believers must not wonder to find firange vicifficudes and alterations in the state of their Sacramental Peditations.

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their fouls. Sometimes a clear, and fometimes a cloudy day. Sometimes they have their Songs in the night, and fometimes their bitter Lamentations. If you ask, Why is it thus? the answer is, there are twins within you, contrary principles strugling in your fouls, and it is no wonder at all to find peace and trouble, hope and fear, light and darkness, taking their turns, and sharing your time betwixt them.

The Eighth Meditation.

UPON

Pfal. 40. 8. I delight to do thy will, O my God; yeathy Law is within my heart.

Asking my eye upon this precious Text, I find it perplext and darkned with variety, yea, contrariety of expositions. The Jews and Socialians generally refer all to David, denying Christ to be the person here spoken of. Others refer the whole Plaim to Christ, but the best expositers refer it partly to David, and partly to Christ. That this Paragraph in which my Text lies, refers to Christ, is plain from the Apositis allegation of it, in Hib. 10. 5, 6, 7. In this and the two former vernical series in Hib. 10. 5, 6, 7. In this and the two former vernical series.

fes there lie three great points of truth, which you

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may take up in this order.

First the insufficiency and rejection of all legal Sacrifices, as things of no vertue in themselves to fatisfie God, or save men, ver. 6. these thou would the not (ie) thou never didst appoint them to be the means of salvation farther than they signified and pointed at me; and now must vanish when I come in a body of slesh, according to that, Col. 2.17.

Secondly: The introduction of a compleat and fufficient means of redemption, ver. 7. Lee I

come.

Thirdly: The suitableness and agreeableness of this work of redemption to the heart and will of Jesus Christ, vers. 8. I delight to do thy will, O my God; yea, thy Law is within my heart; or as it is in the Hebrew, in the midst of my bowels.

In the words we are to note two things, viz. First, The rise and spring of mans redemption.

Secondly: The acceptableness and suitableness

of it to the heart of Christ.

First: The rise and First spring of mans redemption, the will and pleasure of God. So it pleased the Lord to appoint and order it, that a remnant

of poor loft Sinners should be faved.

The execution and accomplishment of this good pleasure of God, was that part which by agreement and confent was committed to the Son, and is here call'd a Law, or command laid upon him. And answerably the death of Christ is represented as an aff of obedience, Phil. 2. 8, and respected Gods contains

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command for it, Joh. 10. 18. This commandment have Irectived from my Father, referring to the Covenant of redemption, which was betwirt them from everlasting; and this was the rise and first spring of our Redemption by Christ.

Secondly: You have here the gratefulness and suitableness of this work to the heart of Christ. I delight to do it, it is in my heart. Loe, I come.

The Hebrew words note n ot fimple consent or willingness, but the highest pleasure and complacency that can be; a work which ravishes his soul with the delights of it. Idelight to do thy will. And that other expression, Thy law is within my heart, or bowels: hath as deepa sense and signification, as the former. It notes the greatest care, sollicitude and intention of mind, in keeping the most precious treasure that was committed to him, for so the phrase is used in Prov. 4.51. And so did our Redtemer esseem and reckonthis work which was by the Father demandated and committed to him. Hence the note is,

Dock. That the will of God to redeem sinners by the incarnation and death of Jesus Christ, was most grateful and pleasing to the very heart of Christ.

It is faid, Prov. 8. 31. when he was folacing himself in the sweetest enjoyment of his Father, whilst he lay in that blessed bosom of delights, yet the very prospect of this work gave him pleasure: Then were his delights with the Sons of men. And when he was come into the world, and had endured many abasures and injuries, and was even now come

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to the most difficult part of the work; yet, bow am I streightned, or painted (faith he) till it be accomplished, Luk. 12. 50.

Two things call our thoughts to flay upon them

in this point.

First: The decency of it, why it ought to be

Secondly: The reasons of it, whence it came

to be fo.

First: Why it ought to be a pleasant and grateful thing to Christ to take a body of slesh, and lay it down by death again for the redemption of Sinners.

First: It became Christ to go about this work with chearfulness and delight, that thereby he might give his death the nature and formality of a

facrifice.

In all Sacrifices you shall find that God had still a regard, a special respect to the will of the offerer. See Exod. 35. 5. 21. & Levit. 1. 2. the voluntarines and chearfulness with which it is given, is of

great regard with God.

Secondly: It ought to be so, in regard of the unity of Christs will with the Fathers. The work of our redemption is call'd, the pleasure of the Lord, Isa. 53. 10. And what was the Fathers pleasure, could not be displeasing to him, who is one with the Father. It's impossible their wills can clash, whose nature is one.

Thirdly: This was necessary to magnifie and commend the love of Jesus Christ to us, for whom he gave himself. That he came into the world to

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Sacramental Beditations.

die for us, is a mercy of the first magnitude, but bow that he came in love to our fouls, and underwent all his fufferings with fuch willingness for our fakes, this heightens it above all apprehension. O this is the most taking, the most ravishing, the most aftonishing confideration of all: He loved me, and gave himself for me, Gal. 2. 20. He loved us, and wash. ed us from our fins in his own blood, Rev. 1. 5. Here

love is in its highest exaltation.

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Fourthly: It was necessary to be so, for the regulating of all our obedience to God according to this pattern. That seeing and setting this great example of obedience before us, we might never grudge nor grumble at any duty or suffering that God should call us to, Tou know the grace of our Lord Telus Christ; how that, though he was rich, yet for your. sakes he became poor: Saith the Apostle, when he would press the Corintbians to their duty, 2 Cor. 8. 9. And when he would effectually urge the Philippians to their dury , this is the argument, Let this mind be in you, which also was in Christ Fesus, Phil. 2. 5. So that it became and behoved Christ thus to undertake this great fervice.

Secondly; Next let us confider and examine whence it came to be so pleasant and acceptable to lefus Christ to come into the world and die for

poor Sinners.

And we shall find, that although the sufferings of Christ were exceeding sharp, and the cup of Gods wrath unspeakably bitter; yet that which made it pleasant and desirable to Jesus Christ was the prospect he had of the sweet results and issues of

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his sufferings, Ila. 53. 10, 11. Hessall see of the travail of his soul, and shall be satisfied, (ie) he shall have great content and pleasure from the issues and fruits of his sufferings, as Plat. 128. 2. Thou shalt eat the labour of thy hands, (ie) the fruit of thy labours. So here, He shall see therravail of his soul, (ie) the fruit and essential set the travail; and to see this, shall be to him the reward and recompense of all his sufferings. Now among the sweet results of the sufferings of Christ, there are especially these three which he fore-saw with singular content and delectation.

First: That in his sufferings there would be made a glorious display and manifestation of the divine Attributes; yea, such a glorious display of them as never was made before to Angels or to men, nor ever shall be any more in this world. For

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First: The Wisdom of God had made it self visible to men in the creation of the world, yet there it shone but in a faint and languishing beam, compared with this. Here divine Wisdom put it self as it were into a visible form, and represented it self to the life. See I Cor. I. 24. and Eph. 3. Io. Behold in the death of Christ the Wisdom of God in its highest exaltation and glory. O the manifold Wisdom of God! O the depth of his unsearchable wisdom! Which I touched in some particulars before, p. 102.

Behold here the Wisdom of God raising more glory to himself by occasion of the breach of the Law, than could ever have risen to him from the

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most punctual observation of its commands, or the most rigorous execution of its threatnings; from the occasion of the fall (which was our undoing) raising us to a far better estate, and with a much better security to enjoy it than that from which we fell. Yea, behold and wonder, God by the death of Christ, recovering his Elect from all the danger and mischief of sin, and yer making the way and manner of their recovery the fairest glass to reprefent the horror and evil of fin to them, that ever was shewn them in this world. Oh, the triumph of divine Wildom!

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Secondly: Though the love of God had appeared before in our Creation, Protection and Provision, yet nothing to what it doth in our Redemption by the death of Christ: Loe, here is the love of God in its strength and glory, 1 70b. 4. 10 Herein is love, not that we loved God, but that he loved us, and fent his Son to be the Propitiation for our fins. Herein is love (i. e.) here is the highest expression of Gods love to the Creature; not only that ever. was, but that ever can be made; for in love only God acteth to the uttermost: Whatever his power hath done, it can do more; but for his love it can go no higher; he hath no greater thing to give than his Christ. 'Tis true, in giving us a being, and that in the nobleft rank and order of Creatures on Earth; herein was love. In feeding us all our life long, by his affiduous tender providence; herein is love. In protecting us under his wings from innumerable dangers and mischiefs; herein is love, much love; And yet fet all this by his Redeeming love in Christ and.

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and it feems nothing. When we have faid all, Herein is the love of God, that he fent his Son, &c. This was free love to undeferving, to ill deferving Sinners. Presenting love; not that we loved him, but that he loved us. Just as an image in the glass (faith Ficinus) that is imprinted there by the face looking into it. the Image does not look back upon the face, except the facel ook forward upon the Image, and in that the Image does feem to fee the face, its nothing elfe, but that the face does see the Image.

O, the unexpressable glory of the love of God in Christ!

Thirdly: Though God had given several sad marks of his Juitice before, both upon the Angels that fell, clapping upon them the chains of darknels, in the overthrow of Sodom, and the neighbouring Cities, turning them to afters; as you may read in Jud. ver. 6, 7. yet never was the exactness and severity of Justice so manifested before, nor ever shall be any more, as it was at the death of Christ did not only fatisfie it fully, but he also honoured it highly, making that Attribute which was once a bar. now to be a bottom of our peace, Rom. 3. 25. Never did fuch a person as Christ stand at the Bar of Juffice before: The Blood of God was poured out to appeale and latisfie it. Christ suffered, he did both give and take fatisfaction; he gave it to the Justic of God in dying; he took it in feeing Justice to honoured in his death.

Secondly: Another delightful prospect Christ had of the fruit of his sufferings, was the recovery

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Sacramental Deditations.

and falvation of all the Elect by his death. And though his fufferings were exceeding bitter, yet fuch fruit of them as this, was exceeding sweet, Upon this account he affumed his name Jefus, Matth. 1. 21. yea, and his humane Nature alfo, Gal. 4. 4. 5. Souls are of great value in his eyes: One foul is of more worth in his account than all the world, Mark. 8. 36. What a pleasure then must it be to him, to fave so many souls from the everlasting wrath of the great and terrible God? Add to this.

Thirdly: The glory which would redound to him from his redeemed ones to all Eternity. For it will be the everlasting pleasant imployment of the Saints in Heaven to be aferibing glory, praife, and honour to the redeemer. To him that loved us, and walked us from our fins in his own blood, and bath made us Kings and Priests to God and his Father; to him be glory and dominion for ever and ever, Rev. 1. 5, 6. The improvement of all this will be in a word or two.

Ule. I. For Conviction. This truth then in the first place, may convince, shame, and humble the very bell of Christians, who find so little delight in the most easie, sweet, and spiritual duties of obedience; when Christ undertook and went through the most difficult task for them with such chearfulness and readiness. Loe I come, thy Law is in my heart, I delight to do thy will. And ye: the work he to applied himself to, was a work full of difficulty, attended with reproach and shame, as well as anguish and pain.

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Did Chrift find pleasure in abasement, and torment, in suffering and dying for me? and can I find no pleasure in Praying, Hearing, Meditating, and enjoying the sweet duties of communion with him? Did he come so chearfully to Die for me? and do I go so dead-heartedly to prayers and Sacraments to enjoy fellowship with him? Was it a pleasure to him to shed his blood? and is it none to me to apply it, and reap the benefits of it? Oh Lord, what an heart have I? How unsuitable is this frame of heart to the Nature of God, whose essential excellencies make him the supream delight, the sweet repose, solace, and rest of souls! Psal. 16. 11.

How unfuitable to the principles of regeneration and holiness purposely planted in the soul, to make

spiritual performances a pleasure to it!

How unfuitable to the future expected flate of glory, which brings the fanctified foul to a sweet complacential refl and sarisfaction inGod!In a word, how unsuitable is this temper of spirit to the heart of Jesus Christ! O, methinks I hear Christhus ex-

postulating with me this day:

Is this thy zeal and thy delight in the duties of obedience? Is it rather the awe of Confedence than the pleafure of Communion that brings thee to this duty? Doth thy heart need fo many arguments to perfivade it even to the fweeteft, eafieft, and most pleafant duties in Religion? Well, I did not love thee at that rate; my heart readily eacho'd to the Fathers call to die for thee, to drink the very dregs of the cup of trembling for thee. I come, I come,

I delight to do thy will, thy law is in the midft of

of my bowels.

2. Use for Exhertation. If it be so, how great a morive have the People of God before them, to make them apply themselves with all chearfulness and readiness of mind to all the duties of active and paffive obedience? O let there be no more grumblings, lazy excuses, shiftings of duty, or deadhearred and liftless performances of them after such an example as this. Be ready to do the will of God; yea, be you also ready to suffer it. Let the fame mind be in you, which also was in Christ Jefus. The more pleasure and delight you find in doing or fuffering the will of God, the more of Christs spirit is in you, and the more of his Image is upon you. Are not all holy duties expressed in Seripture by the Saints walking with God? Gen. 19, 1. and is not this an Angencal life ? Can it be a hurden to the ear to hear fweet ravishing strains of melody; or to the eye, to behold variety of pleafant and lively colours; or to the palate to rein the delicious sweetness of meats and drinks?

Oh Reader! were thy heart more spiritual, more deeply sanctified, and Heavenly, it would be no more pain to thee to Pray, Hear, or Meditare on the things of God, than it is to a Bird to earry and use his own wings; or to a Man, to eat the most pleasant food when he is an hungry. I have respected (saith David) in the way of the Command-

ments, as much as in all riches, Pfal. 119.11.

And as to fufferings for Christ, they should non by grievous to Christians, that know how chearful-

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ly Christ came from the bosom of the Father to die for them. What have we to leave, or lose, in comparison with him? What are our sofferings to Christs? Alas there is no compare; there was more bitterness in one drop of his sufferings, than in a sea of ours.

To conclude, your delight and readiness in the paths of obedience, is the very measure of your

fanctification.

The Ninth Meditation.

UPON

Zech. 12. part of ver. 10. And they shall look upon me whom they have pierced, and they shall mourn for him, as one mourneth for his only Son, and shall be in bitterness for him, as one that is in bitterness for his first born.

THIS promise is confessed to have a special respect to the Jerus Conversion to Christ. It was in part accomplished in the Apostles days, Acts. 2. 37. yet that was but a specimen or handfel of what shall be, when the body of that Nation shall be called.

But yet it cannot be denied that all Christians find the same piercing forrows, and wounding sense of fin: when God awakens them by convictions, and brings them to fee the evil of fin and the grace of Christ, that is here exprest concerning them at their conversion.

The words present as with three very remarkable particulars in Evangelical repentance, with First: The spring and principle of it. Secondly: The effects and fruits of it. Thirdly: The depth

and measure of it.

First: The spring and principle of Repentance express in these words, They shall look upon members that have pierced. This looking upon Christ, is an act of faith, for so it is described in Scripture, Joh. 6. 40. 1/2, 45, 22, and it respects Christ crucified as its proper object; yea, and that by them, not only as their Progenitors involved them in that guilt, by entailing it on them, but as their own fins were the meritorious cause of his death and sufferings. They shall look upon me whom they have pierced.

Secondly: The effects and fruits of fuch an afpect of faith upon Christ is here also noted. They shall mourn and be in bitterus; (i. e.) it shall melt and than the min Godly serrow; it shall break their hard and thony hearts to pieces: The eye of faith shall affect their hearts; for indeed Evangelical sorrows, are hearty and undissembled tears drop-

ping out of the eye of faith.

Thirdly and latily: The depth and measure of their forrow is here likewise noted. And it is compared with the greatest and most piercing forrows men are acquainted with in this world, even the forrow of a tender hearted Father mourning over a

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dead Son, yea, an only Son, and his first born, than which no earthly forrow is more penetrating and sharp, Jer. 6. 26. Hence the note will be,

Doct. That the sufferings of Christ are exceeding powerful, to melt Believers hearts into Godly sorrow.

The eye of faith is a precious eye, and according to its various Aspects upon Christ, it produceth various essents upon the hearts of men. Eying Christ as our compleat Rightensins, so it pacifies and quiets the heart: eying him as our pattern, so it directs and regulates our actions; eying him as our facristice, essents up to divine Justice for our sins, so it powerfully thaws the heart, and melts the affections.

By meltings, I do not only understand tears, as if they only were expressive of all spiritual forrow; for it is possible the waters of sorrow may run deep in the heart, when the eye cannot yield a drop.

There be two things in Repentance, Trouble and Tears. The first is Essential, The last Contingent. The first flows from the influence of faith upon the soul; the last much depends upon the temper and constitution of the body. It is a mercy when our tears can flow from an heart fill d with sorrow for sin, and love to Christ; and yet it often falls out that there is an heavy heart, where the eyes are dry. But that there is efficacy in faith to melt the heart, by looking upon the sufferings of Christ for sin, is undoubted; and how it becomes so powerful an instrument to this end, I will shew you in the following particulars.

First: Faith eyes the dignity of the perfor of

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Christ, who was pierced for us; how excellent and plorious a person he is. In the captivity, it was for a lamentation that Princes were hanged up by the hands, and the faces of Elders were not reverenced, Lam. 3. 12. We read also the Lamentation of David, 2 Sam. 3. 38. as he followed Abners Herse. A Prince

and a great man is fallen in I frael to day.

But what was Abnor, and what were the Princes of Ifract to the Son of God? Loe here by faith the Believer fees the Prince of the Kings of the Earth, the only begotten of the Father, equal to God in nature and dignity, he whom all the Angels worship, hanging dead upon the curled Tree. Faith fees Royal Bood, the Blood of God poured out by the fword of Justice for satisfaction and reconciliation; and this cannot but deeply affect the believing foul.

Secondly: Faith represents the severity of Diine Justice to Jesus Christ, and the extremity of his sufferings; and this sight is a melting sight.

The Aposse tellsus, Gal. 3. 13. he was made Kataga, a Curse, and Execration for us: It relates to the kind and manner of his death upon the Cross, which was the death of a Slave, servite supplicium; a free man was priviled of drom that punishment. It looks upon, and well considers the sad plight and condition Christ was in, in the days of his Humiliation for us. It's said of him, Matth. 26. 38. he was sleghtungs, undequaque triss, surrounded with griefs, exactly answerable to his name, Ja. 33. 3. a man of sorous. Let him look which way 1 twould, outward opinward, upward or downward.

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ward, to Friends or Enemies, he could behold not thing but forrow, and what might increase his micery. Another Evangeliss saith he was fore amazed, Mark. 14-33. Έκθαμβείσαι. It notes such a conflernation as makes the hair of the head fland upright, horripilatio. A third tells us his foul was troubled, Joh. 12-27. ή ψυχή με τετσερευται, Unde Tartarus, a word from whence Hell is derived, and denoting the anguish and troubles of them that are in that place of torments.

And the fourth tells us he was in an Agony, Luk. 23. 44. all expressing in several emphatical notions and metaphors, the extremity of Christs anguish and torment. This cannot but greatly affect and

break the Believers heart.

Thirdly: But then that which most assess the heart, is Christs Undergoing all this, not only in leve to us, but in our room and stead. He suffered not for any evil he had done, for there was no guile found in his mouth, Isa. 53. 4, 5. 1 Pet. 3.18. It was sorme, a vile, wretched, worthless Sinner. It was my Pride, my Earthliness, the hardness of my heart, the corruption of my nature, the innumerable evils of my life, that brought him down to the dust of death. He was made sin for us, who knew no sin. 2 Cor. 5.21.

Who can believingly eye Chrift, as suffering such pains, such wrath, such a curse, in the room of such a Sinner, such a Rebel; so undeserving, and so ill deserving a Creature, and not mourn as for an only Son, and be in bitterness as for a first-

born?

Fourthly: Faith melts the heart by confidering the effects and fruits of the sufferings of Christ, what great things he hash purchased by his Stripes and blood for poor Sinners; a full and final pardon of sin, a well-sctled peace with God, a sure title and right to the eternal Inheritance; and all this for thee, a Law-condemned, a Self-condemned Sinner. Lord, what am I, that such mercies as these should be purchased by such a price for me of for me, when thousands and ten thousands of sweeter dispositions must burn in Hell for ever! Oh, what manner of love is this!

Fifthly: Faith melts the heart by exerting a

threefold act upon Christ Crucified.

First: Arealizing Act, representing all this in the greatest certainty and evidence that can be. These are no devised fables, but the sure and infallible reports of the Gospel.

Secondly: An applying Act; he loved me, and gave himself for me, Gal. 2. 20. He loved us, and washed us from our fins in his own Blood. Rev.

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Thirdly and lastly: By an Inserving or reasoning Ass. If Christ died for me, then I shall never die: Is this Blood were paid down for me, then my sins which are many, are forgiven me. If he was Condemned in my room, I am acquitted, and shall be saved from wrath to come, through him. O how weighty do these thoughts prove to believing souls!

1. Use for information. Then sure there is but little faith, because there is so much deadness and unaffectedness

among Professors. A believing fight of Christ will work upon a gracious heart, as a dead Son, a beloved and only Son, uses to do upon a tender Fathers, heart.

Reader, was it ever thy fad lot to look upon fuch an heart-rending object? Did fi thou ever feel the pangs and commotions in thy bowels that fome have felt upon fuch a fight? Why fo will thy heart work towards Chrift, if ever thoubelievingly look eff on him whom thou haft pierced.

Infer. 2. Then the acting and exercifing of faith is the best expedient to get a tender heart, and raise the dead

affections.

We are generally fall of complaints, how hard, how dead and flupid our hearts are; we are often putting such cases as these. How shall I get a broken heart for sin? How shall I raise my dead heart in duty? Why this is the way; no expedient in all the world like this. Look upon him whom thou hast pierced. 'Tis the melting Argument.

2. Use of Examination. But that which I especially aim at in this point, is for the tryal and examination of thy heart, Reader, in the point of true Evangelical Repentance, which is thy proper business at this time: And I will go no further than

the Text for rules to examine and try it by,

Rule. 1. All Evangelical Repensance hash a supernatural spring, I will pour out the spirit of grees, and they shall mourn. Till the spirit be poured out upon us, it is as easie to press water out of a Rock, as to make our hearts relent and mouto. There are indeed natural meltings the effects of an

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ingenuous Temper, but these differ, in kind and

nature, from Godly forrow.

Rule. 2. Godly forrows are real, fincere, and undiffembled. They shall mourn as for an only Son. Parents need not the help of an Onion to draw tears on such accounts: O! their very hearts are pierced; they could even die with them. Sighs, groans, and tears are not hang'd out as false signs of what is not to be found in their hearts.

Rule 3. Evangelical forrow is very deep; so much the mourning for an only Son, a first-born, must import. These waters, how still sover theye, run deep, very deep, in the bottom channelof the soul. See Acts 2. 27. They were cut to the beart.

Rule 4. Faith is the inftrument employed in breaking the heart. They shall look and mourn. This is the Eurning glass that contracts the beams, and

fires the affections.

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Rule 5. Laftly: The wrong fin hath done to God, and the fufferings it hath brought Christ under, are the piercing and heart-wounding considerations. They shall look upon me whom they have pierced, and mourn. The piercing of Christ by our fin, is that must pierce thy soul with forerow:

The Tenth Meditation. UPON

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John 6. ver. 55. For my flesh is meat indeed, and my blood is drink indeed.

IN this context our Lord Jesus Christ makes a most spiritual and excellent discourse to the Jews, about the nature and necessity of faith in him, taking the occasion thereof from the Bread, which alittle before he had so miraculously multiplied, and fed them with, raising up their minds to more sublime and spiritual things, & letting them know that Bread, how fweet foever it was, was but a fhadow of himfelf, infinitely more sweet & necessary.

These words are a proposition, in which are these

three things observable.

First: The Subject, my Flesh and my Blood. Secondly: The Predicate, it is Meat and Drink. Thirdly: The manner of Predication, it's Meat indeed,

and Drink indeed.

First: The Subject, my Flesh, and my Blood, (i. e.) My Humanity; this is meat and drink, true spiritual food. If it be demanded why he had not faid, I am meat and drink indeed; but rather chuses to say, my fesh and blood is so; the reafon is evident, faith Learned Camero, because if you take away Flesh and Blood from Christ, he cannot be Food or Life to us. For in order to his peing fo, he must satisfie God for us, and obtain the

the Remittion of our fins; but without shedding of Blood there is no Remission Now for as much as by the offering up of his Body, and shedding of his Blood, he hath obtained pardon and life for us; therefore his Flesh and Blood is call'd our Meat and our Drink, that by which our souls live. Which brings us to the second thing.

Secondly: The Predicate, it is meat and drink, (i.e.) it is to our fouls of the same Use and Necesfity that meat and drink is to our natural life which cannot be suffained or continued without them.

The life of our forms as necessarily depends upon the Flesh and Blood of Christias our natural life doth upon meat and drink. Yet beware of a mistake here; the Flesh and Blood, or the Humanity of Christ is not the Fountain of our spiritual life, but the Channel rather, through which it flows to us from his Divinity. By reason of his Incarnation and Death, Righteousness and Life comes to us

Thirdly: The manner of Predication is very Emphatical, it is meat indeed, and drink indeed; which notes two things.

First : Reality, in opposition to all legal sha-

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dows and types.

Secondly: Transcendent excellency, far surpassing all other food, even Mannah it self, which for its excellency is styled Angels food. My Flesh is meat indeed (i.e.) true, substantial, and real food to sold, and choice excellent and incomparable food. Hence observe.

Doct. That what meat and drink is to our bodies, that, and much more than that, the Flesh and Blood of Christ is to believing souls. P 2 Two Two things require explication in this point, First; Wherein the resemblance or agreement lies betwixt the Flesh and Blood of Christ, and Meat and Drink Secondly: Wherein the former transcends and excels the latter.

1. Query. Wherein lies the refemblance and agreement betwirt the Flesh and Blood of Christ, and material Meat and Drink?

Sol. The agreement is manifest in the follow-

ing particulars.

First: Meat and Drink is necessary to support Natural life, we cannot live without it. Upon this account bread is call'd the staff and stay, (i.e.) the support of the natural spirits which do as much lean and depend upon it, as a feeble man doth upon his staff, Isa. 3. 1. But yet how necessary soever it be. the Flesh and Blood of Christ is more indispensibly necessary for the life of our souls, Joh. 6. 53. Except see at the Flesh of the Son of man, and drink his Blood, ye have no life in you. Our souls have more absolute need of peace and pardon by Christ, than our bodies have of meat and Drink. Better our bodies were starved and famished, than our souls damned and lost for ever.

Secondly; Meat and drink are ever most sweet and desirable to those that are hungry and thirsty. It is hunger and thirst that gives value and estimation to meat and drink, Prov. 27. To the bungry soul every bitter thing is sweet; and so it is in our esteem of Christ, Job. 7. 37. If any manthirst, let him come to me and drink. When God by illumination and conviction makes men deeply sensible of their

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miserable loft, and perishing condition, then ten thousand worlds for a Christ. All is but dung and dross in comparison of the excellency of Christ Jefus.

Thirdly: Meat and drink must undergo an al teration, and lose its own form before it actually nourishes the body. The Corn is ground to pieces in the mill, before it be made bread to nourish us. And Christ must be ground betwixt the upper and neither milliones of the wrath of God, and malice of men, to be made bread for our fouls. Prophet faith, Ita. 52. 14. His Vilage was marr'd more than any mans. He did not look like himself. the beauty and glory of Heaven, but the reproach of Men, and despised of the People. Oh what an alteration did his Incarnation and Sufferings make upon him! Phil. 2. 6, 7. Quantum mutatus as 1/10 ?

Fourthly; Natural food must be received into our bodies, and have a Natural Union with inem; and Christ must be received into our fouls, and have a Spiritual Union with them by faith, or cite we can have no nourishment or benefit by him, An empty protession, a meer talkative religion nourthes the inner man just as much as the fight of mear. and our commending of it, doth our outward man, It's Christ's dwelling in our hearts by faith, Est. 3. 17. our receiving of him, Job. 1. 12. our earliest his Flesh and drinking his blood, Joh. 6. 32. (i.e.) the effectual application of Christ to our feuis by faith, that makes us partakers of his benefits.

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Fifthly: Meat and drink must be taken every

day, or else natural life will languish, and spiritual life will never be comortably maintain'd in us without daily communion with Jesus Christ: If a gracious soul neglect or be interrupted in its course of duties, and stated times of prayer, it will be quickly discernable by the Christian himself in the deadness of his discourses. And in these things stands the Analogy and agreement of the Flesh and Blood of Christ with meat and drink.

2. Query. The next thing is to open the transcendent excellency of Christs Flesh and Blood, above all other food in the world; and this appears in

four particulars.

First: This Flesh and Blood was assumed into the nearest Union with the second Person in the blessed Trinity, and so is not only dignisted above all other created Beings, but becomes the sirst vieitstale of all grace intended to be communicated through

it to the children of men, Job. 1. 14.

Secondly: This Flesh and blood of Christ was offered up to God as the great Sacrifice for our sins, and Purchase of our peace, Col. I. 20. Eph. 5. 2. and so it is of inestimable price and value to Believers. The humane Nature of Christ was the Sacrifice, the divine Nature was the Altar on which it was offered up, and by which it was dignisted and sanctified, and made an offering of a sweet smelling savour to God, Eph. 5. 2.

Thirdly: This Flesh and Blood of Christis the great niedium of conveyance of all bleshings and mercies to the fouls and bodies of Believers. It lies as a vast pipe at the Fountain-head of blessings. receiving and conveying them from God to men, Col.

1. 14. 19.

So then, it being united to the second person, and so become the Flesh and Blood of God, it being the Sacrifice offered up to God for Aronement and Remission of sins, and the medium of conveying all grace and mercy from God, the Fountain, to the souls and bodies of Believers; how sweet a relish must it have upon the palate of saith? Here faith may tast the sweetness of a Pardon, a full, free, and sinal pardon of sin, than which nothing in this world can be sweeter to a sin-burdened conscience.

Here it tafts the incomparable sweetness of Peace with God, a peace which passeth understanding; the breach sin made, is by this Sacrifice made up

for ever. Col. 1. 20.

Here it talls the unexpressable sweetness of acceptation with God, and an interest in his favour; a mercy which a poor convinced soul would give ten thousand worlds for, were it to be purchased. Yea, here it relishest all the sweet Promiss in the Covenant of grace, as confirmed and ratified by this Sacrifice, Heb. 9. 5. So that well might be say, My Flesh is most indeed, and my Blood is drinkindeed; the most excellent New-Testament food for Believers.

1. Use of Information. First: See here the love of a Saviour, that Heavenly Pelican, who feeds us with his own Flesh and Blood. You read Lam.
4. 10. of pitiful Women who eat the flesh of their

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own Children; but where have you read of Men or Women that gave their own flesh and blood for meat and drink to their Children? Think on this you that are so loth to cross and deny your flesh for Christ; he suffered his flesh to be rent, and his Blood set abroach for you; what love like the love

of Christ?

Secondly: Learn hence a ground of Content in the lowest and poorest condition allotted to any Believer in this world. It may be some of you live low in the world, you have hard fare, and are abridg'd of many of those sweet comforts in the Creature, which the Enemies of God abound in but still remember, you have no cause to envy their dainties, and be diffatisfied with your own lot and portion, when not many Nobles or mighty in the world feed as your fouls do feed. O what a feaft have you! What dainties do your fouls taft by faith, whilft others do but feed upon Ashes and Husks ! what is the flesh of Lambs and Calves out of the stall to the Flesh of Chriss? Amos 6. 4, 5, 6. What is Wine in bowls, and the chief Ointment to the Blood of Christ, and the anointings of his Spirit? Obe fatisfied with your outward lot, however God hath cast it, whilst he hath dealt so bountifully with your fouls.

Thirdly: Learn hence the necessity of faith, in order to the livelyhood and substitution of our fouls. What is a feast to him that cannot tast it? And what is Christ to him that cannot believe? That cannot by faith eat his Flesh and drink his Blood?

Tis not the Preparation made for fouls in Chrift,

but the Application of him by faith, that gives us the sweetness and benefit of him. Faith is the fouls mourn or Palare? the Unbeliever tafts no sweetness in Christ, he can relish more sweetness in mony, meat, drink, carnal mirth, or any fenfual enjoy-

ment than Christ.

Fourthly: How excellent are Gospel Ordinances? What sweetness is there to be found in them by true Believers? For there Christ is prepar'd, and as it were ferv'd in for them to feed upon. Ac is your ministers work to cook and prepare for you. all the week long, and to furnish for you a feast of fat things. Loe, here's a Table foread and furnifhed this day with the cofflieft dainties that heaven affords. O prize these mercies, fit not here with flat or wanton appetites, left God call to your Enemies, and bid them take away,

2. Use of Exhortation. Is the Flesh and Blood of Christ Mear and Drink indeed ? then let me exhort

vou Brethren.

First; To come to this Table with sharp and hungry appetites, Have you ever tafted that the Lord is gracious? and do you not hunger and thirst to tast it again? Surely where the carcass is, thither will the Eagles be gather'd, Math. 24. 28. There is a two fold appetite, a dainty, and an hungry appetite; beware of a nice and dainty appetite, that can relifh nothing in the most solid and spiritual duties, except the dish be garnisht with flowers of Rhetorick, or the matter ferv'd in with art and elegancy; This hath been the great fin of the Profesiors of this Generation. O Christians, no more of that I pray

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you. Were you really an hungred and athirst for Christ, you would come to his Ordinances, as sa-

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milhing men to a feaft.

Secondly: To feed heartily upon Christ in every Ordinance, and in every Sacranient especially. O that your souls might hear and answer that invitation this day, Cast. 5. 1. Eat, O Friends, drink, yea drink abundantly, O Beloved.

For Motives I will only hint these three follow-

ing.

First: Christ is the matter of this steast. God hath prepar'd him for your souls. Is any thing in Heaven or Earth so sweet as Christ Sacrificed is? Do not the Angels and Saints in Heaven feast upon him? Surely one drop of Christ's Blood hath more sweetness and excellency in it than the whole Ocean of all Creature-comforts.

Secondly: Don't your graces need it? Have you not a languiffing love, a flaggering faith, dull and fluggish desires? Look into your hearts, and see what need there is of strengthening the things that are in you, which are ready to die. O feed upon Christ, that your graces may be revived and streng-

thened.

Thirdly: Do you know how many days you are to go in the strength of this meal? How long it may be ere you sit again at the Lords Table? Surely even these as well as your inferior temporal comforts stand upon terms of greatest uncertainty. At Christians! Consider well the times you live in, the Enemy that stands ready to take away the cloath, and remove your spiritual food from you. It's still stands ready to take away the cloath, and remove your spiritual food from you.

said of Peter Martyr, that being in Oxford when Q. Mary came in, and hearing the first Mass-bell ring, he was struck to the heart, and said, Hac una notula omnem meam dostrinam evertie. This one tinkling Bell overthrows all the labours of my Ministry at once.

God grant we may hear none of that Mufick in England any more; but it's like to be according to your estimation and improvement of Christ's pre-

cious Ordinances.

Thirdly: Commend the experienced sweetness of Christ to others, Don't conceal his loveliness and excellency. Thus the fair and enamoured spouse charges or adjures others, Cant. 5. 9. Be not content to feast upon Christ alone, whilst other souls are flarving, and perhaps the souls of your dear natural Relations. Say to them as David, Pfal. 34. 8. 0, taste and see how good the Lord is.

Fourthly and lastly: See that your appetite to Christ be right, and truely spiritual. Such an hunger and thirst, upon which blessedness is entailed by Pro-

mile; and you may conclude it fo, when

First: It is a harp and strong appetite, Pfalm 42.1. Let your thoughts run upon Christ night and day, like the defires of a longing Woman.

Secondly: When its a Universal appetite, after every thing in Christ, his Holiness as well as his Righteonsness, his Commands as well as his promises, for he is altogether levely, Cant. 5. 16.

Thirdly: When it is a continual appetite; I mean not that the pulse of your defires should keep an

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even stroke at all times, but that there be real and sincere workings of heart after him always, Pfalm 119, 20.

Fourthly: When its an industrious appetite, awakening the foul to the Use of all means and practice of all duties in order to satisfaction, Pfal. 27.4. One thing have I defined of the Lord, and that will I seek after.

Fifthly and laftly: It's then aright, when 'tis an insatiable appetite, never to be allaid with any thing befide, Chrift, Pfal. 72, 25, No. nor with Chrift himself, till thou comett to the full enjoyment of him in Heaven. The Believer knows, how fiveet foever his Communion with Christ is in this world, vet that Communion he shall have with Christ in Heaven far excels it: there it will be more intimate and immediate, 1 Cor. 19. 12. more full and perfect, even to fatisfaction, Plal. 17. 15 more constant and continued, not fuffering such interruptions as it doth here, Rev. 21. 25. More pure and unmixed. Here our Corruptions work with our Graces, Rom. 7. 21. but there grace shall work alone. In a word, more durable and perpenual: We shall be ever with the Lord, I Thef. 4. 7. Long therefore to drink that new Wine in the Fathers Kingdom: The Spirit and the Bride fay, Come; and let him that heareth fay, Come; even so come Lord lesus, come quickly.

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The Eleventh Medication.

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Canticles 8.6. Set me as a Seal upon thy heart, as a Seal upon thine arm; for love is strong as death, jealouse is cruel as the grave; the coals thereof are coals of fire, which hath a most vehement slame.

His Book is a facred Allegory, the fense thereof is deep and spiritual. Our unacquaintedness with such Schemes and figures of speech, together with the want of spiritual light and experience, makes it difficult to be understood; but the Alligory being once unfolded by reason of its affinity with the fancy, truth is more easily and affectingly transmitted both to the mind and heart.

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St. Augustine assigns this reason why we are so much delighted with Metaphors and Allegories, berause they are so much preportioned to cur sences, with which our reason bath contracted an intimacy and familiarity. And therefore God to accommodare his truth to our capacity, doth as it were embody it in earthly expressions, according to that of the ancient Caballifts, lumen supremum nanquam descrasit fine indumento; Heavenly truth never descendth to us without its vail and covering.

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The words before us are the request of the Spoule to Jesus Christ, and consist of two parts, viz.

1. Her fuit, which is earnest.

2. Her Argument, which is weighty.

1. Her earnest suite or request to Jesus Christ, Set me as a Seal upon thy Heart, as a Seal upon thine Arm. The Heart of Christ notes his most dear, inward, and tender affection; his Arm notes his protecting and preserving care and power: the last naturally sollows the first; what men dearly affect, they tenderly and carefully protect. And by setting her as a Seal upon his Heart and Arm, she means a sure and a well-confirmed interest, both in his love and power; This she would have firmly sealed and ratisfied; and that this is her meaning, will plainly appear from

The Argument with which the enforces her request. For love is strong as death, jealouste is cruel as

the grave, &cc.

By Jealouse, we must understand her sears and suspicions of coming short of Christ and his love, q. d. What if after all I should be deceived? What if Jesus Christ do not love me with a special love? O these sears and suspicions are intolerable torments to her, she cannot bear them; they are cruel as the grave, insufferable as coals of fire, which have a most vehement slame, q. d. Lord, if thou leave me in the midst of these jealousies of thy love, I shall be but a torment to my self: I shall live as one upon the rack, or in the slames. Hence the note is,

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Sacramental Deditations.

Doct. That there is nothing in this world which true Christians more earnestly desire, than to be well affured and latisfied of the love of Jelus Christ to their Souls.

In the meditation of this point, two things must be inquired into.

I. Why this affurance is fo defirable.

2. How it may be obtained.

Why the affurance of the love of Christ is so defirable in the eyes of true Christians. And among others, there are two things that especially make it fo, viz.

The sweetness of its enjoyment.

2. The difficulty of its attainment.

The Sweetness of its enjoyment, which is unexpresiable and inconceivable; for it is a mercy above all estimation. It is,

The riches of faith.

2. The rest and ease of the heart.

3. The pleasure of life. 4. A Cordial in death.

A fweet support in all troubles.

I. It is the very riches of faith, the most pleasant fruit which grows upon the top branches of faith. The Scripture tells us of an affurance of Underflanding, hope, and faith: All these graces are precious in themselves, but the assurance of each of them is the most sweet and pleasant part. Knowledge above knowledge is the full affurance of knowledge: Hope above hope, is the full assurance of hope: and faith above faith, is the full affurance of faith. The least and lowest act of saving faith is precious precious, & above all value; what then must the highest and most excellent acts of faith be? Certainly, there is a sweetness in the assurance of faith, that sew men have the priviledge to taste; and they that do, can find no words able to express it to anothers Understanding. The weakest Christian is exalted above other men, but the assured Christian hath a presence before all other Christians.

2. it is bearts ease, the very Sabbath and sweet repose of the soul. Thousands of poor Christians would part with all they possess in this world, to enjoy it, but it flies from them. The life that most of them live, is a life betwixt hopes and fears; their interest in Christ is very doubtful to them. Sometimes they are encouraged from fenfible workings of grace, then all is dashed again, by the contrary stirrings and workings of their own corruptions. Now the Sun thines out clear, by and by the Heavens are over-cast and clouded again; But the affured Christian is at rest from those tormenting fears and jealousies, which my Text speaks of, that are as cruel as the grave, and as insufferable as coals of fire in a mans bosom. He can take Christ into the arms of his faith, and fay, My Beloved is mine, and I am bis. Return to thy rest, O my foul, for the Lord hath dea't bountifully with thee.

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3. It is the pleasure of life; yea, the most rational, pure, and transporting pleasure. What is life without pleasure? And what pleasure is there in the world comparable to this pleasure? For let the sealed and assured Believer consider, and compare, and he must needs find a joy and pleasure beyond the

rity to themselves, and fear of their own deceitfulnels makes them think no hearts are like their hearts, especially, whilst they compare other mens outside with their own infide, as generally they do. O. how do our own corruptions every moment raife mifts and clouds, that it is a wonder we ever should have one clear beam of affurance shining into such hearts as our hearts are.

(2.) The multitudes of missakes and chears that are frequently committed and found in this matter, makes upright hearts the more suspicious and doubtfulof their own conditions. O, when they read Matth. 7. 22. that many will fay to Chrift in that day, Lord, Lord, we have Prophefied in thy Name, &c. It scares them left they also be deceived.

(3.) The grand importance of the matter makes poor fouls fearful of concluding certainly about it. O, when a man confiders that the whole weight of his eternal happiness or misery depends upon the resolution of these Questions: Am I in Christ? or am I not? It will make him tremble to determine. In a word, affurance is not in our power, or at our command. There be many holy lumble, diligent, and longing fouls, to whom it is denied. It is arbitrarily dispensed by the pleasure of the spirit, to whom he will, and fuch favours are rare eyen among true believers, the more therefore it is to be valued and defired by all, as the Spoule doth in this place: And so much to the first thing; Upon what account the affurance of Christs love is fo defirable in the eves of Christians.

2. In the last place, let us consider how this mercy mercy which is so defirable, may be obtained; and this is our proper work and business at this time.

You are now come to a sealing Ordinance, instituted on purpose for this noble End and Use.

O, that we could pray and plead for it as the Spouse here doth! Set me as a seal upon thine heart, as a seal upon thine arm, for love is strong as death, jealousse is cruel as the grave, &c. Now in order to the attainment of this most desirable mercy, take a sew necessary hints of your present work and duty in the

following directions.

1. Direction. Would you be well fecured of Christs love to you, and that you are set as a seal upon his heart? then exercise and manifest more love to Christ, and let him be much upon your hearts. If it be clear to you, that you have true love to Jefus Chrift, you need not at all to doubt, but you are in his heart and in his love. Ilove them that love me, Prov. 8. 17. And furely you have now before you the greatest motive in the world, to inflame your love to Jesus Christ. Behold him as he is here represented to you, wounded for your iniquities, yea, facrificed to the wrath of God for your Peace, Pardon, and Salvation. O, what manner of love is this? Behold how he loved thee! If Christ's love draw forth thine, it will so far clear thy interest in his love, as it shall engage thy heart in love to him.

2. Direction. But feeing the activity of your love will be according to the activity of your faith, therefore in the next place I advise you to make it the main work and business of this hour to exercise

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the joy of the whole Earth. If he confider well what he is affured of, it is no common mercy, but Christ himfelf, and his love; a mercy incomprehenfible by Men or Angels, Eph. 3. 19. Put Chrift into the sensible possession of a Believer, and joy is no more under his command for that time; he can no more refuse to rejoyce, than he that is tickled can forbear ro laugh; and especially when his thoughts are exercifed in comparing states and conditions, either his own with other mens, or his own now with what it was, and what it shall be. To think with thy self thus, I am affured of Christ and his love, my interest in him is sealed; but this is a mercy few enjoy besides me. There be millions of souls of equal value with mine by nature, that shall never enjoy such a mercy as this. Yea, the time was when I my felf was far from it, in my unregenerate effate. Lord, how is it I had not then been fealed to Damnation? O, 'ris well with me for present, that I can call Christ my own; and yet it will be better and better. My condition will mend every day. I am now in Christ, and it is but a little while before I shall be with Christ, and arrive at the full satisfaction of my very heart. O, what pleasure doth every glance backward or forward give to the fealed foul!

4. It is a Cordial indeath, and there is none like it. This will make the foul triumph over the grave, take death chearfully by the cold hand, welcome its grim Meffengers, and long to be gone, and be with Chrift. Dark and doubting Chriftians may indeed (hrink back from it, and be afraid of the exchange; but the affured foul longs to be gone,

and needs patience to live, as other men do to die. When one was asked if he were willing to die, his answer was, Illius est nolle mori, qui nolit ire ad Christiam. Let him be loth to die, that is loth to go to Christ. The Sugar of assurance sweetens the bitter cup of death, and makes it delectable to a Believers reliss.

5. In a word, it is a freet support in all the troubles and afflictions on this side the grave. Let the assured soul be cast into what condition the Lord pleases, be it upon a bed of sickness; yet this gives his soul such support and comfort, that he shall not say, I am sick; sin being forgiven, the soul is well, when the body is in pain, Isa. 33. 24. Let him be cast into a prison, here's that will turn a prison into a Paradife, Ast. 5. 41. Let him be pincht with any outward want, this will supply all, As having nothing, and yet possessing the single supposition of the supposi

2. And as it is defirable for the sweetness of its own enjoyment, so also from the difficulty of its attainment; all excellencies are lockt up under many difficulties; but none like this; it is indeed easie to presume an interest in Christ, and cheat a mans own soul with a dream and fancy of our own Creation; but sure it's hard to get a sealed clear title to Christ and his benefits; and there be among others

three things that make it difficult.

(1.) The corruptions that remain, and daily work in the best hearts, these are evermore puzling and scaring the poor soul with sears and doubts about its condition. Grace teacheth men due seve-

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your faith upon Jesus Christ; set your selves this day to believe; the more strong the direct acts of your faith shall be, the more clear and comfortable its reflex acts are like to be. There are three distinct offices or imployments for your faith at this Table, viz. 1. To realize. 2. To apply. 3. To insert from the sufferings of Jesus Christ

(1.) Realize the sufferings of Christ for you, and behold them here represented in a true glass to the eye of faith: See you that Bread broken, and that Wine poured out? As sure as this is so, Jesus Christ endured the Cross, suffered the Wrath of the great and terrible God in his Soul, and in his Body upon the cursed Tree, for and in the room of poor Condemned Sinners. Your faith for the one hath as much, yea, more certainty, than your sense hath for the other. This is a faithful faying, and worthy of all acceptation, that Jesus Christ came into the world to save Sinners, I Tim. 1. 15. and without controversie, great is the mystery of Godliness.

2. Apply the sufferings of Christ this day to thine own soul. Believe all this to be done & suffered in thy room, and for thy sake: He offered not this Sacrifice for his own sins, but ours, Isa. 53. 9. Heb. 7. 27. He was Incarnate for you, Isa. 9. 6. For us a Child is born; to us a Son is given. His death was for you, and in your stead, Gal. 3. 13. He was made a curse for us; and when he rose from the dead herose forour justification, Rom. 4.25. and now he is in glory at the right hand of God, he is there for us, Heb. 7. 25. He ever lives to make Intercession for us:

God was manifest in the flesh, &c, 1 Tim. 2. 16.

It was the pride, passion, earthliness, and unbelief of thy heart which Jesus Christ groaned, bled, and

died to procure a pardon for.

3. Infer from the sufferings of Christ those conclusions of faith that tend to assurance. As thus, Did Christ die for me when I was an Enemy? then surely being reconciled, I shall be saved by his life, Rom. 5 10. Again, Is Christ dead for me? then I shall never die eternally: Nothing shall separate me from the love of God, it is Christ that died, Rom. 8. 34.

3. Direction Mourn over all those fins that cause the Lord to hide his Face from your souls. Have you grieved the Spirit by your sin? O, be grieved for it this day at your very hearts; cover the Table of the Lord with tears, Look upon him whom you have pierced, and mourn as for an only Son. Though there be no merit, yet there is much mercy in a broken heart for sin; and there is no such advantage to get your hearts broken as this is which is now before you. When the shower of Repentance is fallen, the Heavens over thee may be clear, and the Sun shine out in its brightness upon thy soul.

4. Direction In a word, pour out thy foul to God in hearty defires for a fealed and clear interest in his love this day; tell him it is a mercy thou valuest above life, Toy favour is better than life, Psalogod. Tell him, thou art not able to live with the jealousies and suspicious of his love; thou art but a torment to thy self, whilst thy interest in his love abides under a cloud. Beseech him to pity thy

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al. ne a poor afflicted foul, which hath lain down and rifen fo long with these sears and tremblings, and been a stranger to comfort for so many days. Tell him how weak thy hands have been, and fill are in duties of obedience, for want of this strength and encouragement. Engage thy soul to him this day to be more active, chearful, and fruitful in his service, if it will please him now to free thee from those sears and doubts that have clogged thee in all thy former duties. O, cry unto him in the words, and with the deep sense of the Spouse in this Text. Set me as a seal upon thy heart, as a seal upon thine arm, for love is strong as death, jealousie is cruel as the grave, the coals thereof are coals of sire,

The Twelfth Meditation.

UPON

Eph. 3. 19.——And to know the love of Christ which passeth knowledge.

THE knowledge of Christ, and of his love, is defervedly in this place fet down among the defiderata Christianorum, the most desireable enjoyments of Believers in this world. This love of Christ had centred the Apostles heart, he was swallowed up in the meditation and admiration of it, and would have all hearts inflamed and affected withir, as his was.

Some think the Apostle speaks Extatically in this place, and knows not how to make the parts of his discourse consistent with each other, when he puts them upon endeavours to know that love of Christ,

which himself confesses to pass knowledge.

But though his heart was ravished with the love of Christ, yet there is no contradiction or inconsistency in his discourse. He doth earnestly defire for the Ephelians, that they may know the love of Christ, i.e. that they might experimentally know his love, which passed the knowledge; that is, as some expound it, all other kinds of knowledge; yea, and all knowledge of Christ which is not practical and experimental.

Or thus, Labour to get the clearest and fullest apprehensive knowledge of Christ and his love, that is attainable in this world, though you cannot arrive to a perfect comprehensive knowledge of either. Mens humana bos & capit, & non capit; atquein to capit, quod rapituin admirationem, as others reconcile

it. The note from it is,

Doct. That the love of Christ surpasses and transcends the knowledge of the most illuminated Believers.

The love of Christ is too deep for any created understanding to fathom, 'tis unsearchable love, and

it is fo in divers respects.

I. It is unfearchable in respect of its antiquity. No Understanding of man can trace it back to its first spring, it flows from one eternity to another: We receive the fruits and effects of it now; but O, how ancient is that root that bears them! He loved us before this world was made, and will continue so to, when it shall be reduced into ashes, It is said,

Prov.

Prov. 8.30, 31. When he gave the Sta his decret, when he appointed the foundations of the Earth, then was I by him, as one brought up with him, and I was daily his dight, rejoycing always before him, rejoycing in the habitable parts of his Earth, and my delights were with the

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2. The freeness of the love of Christ passes knowledge. No man knows, nor can any words express how free the love of Christ to his people is: It is faid Ifa. 55.8. My thoughts are not your thoughts. The meaning is, My Grace, Mercy, and Love to you is one thing, as it is in my thoughts, and quite another thing when it comes into your thoughts. In my thoughts it is like it felf, free, rich, and unchangeable; but in your thoughts it is limited and narrowed, pincht in within your ftreight and narrow conceptions, that it is not like it felf, but altered according to the model and platform of Creatures, according to which, you draw it in your minds. Alas, we do but alter and spoil his love, when we think there is any thing in us, or done by us, that can be a motive, inducement, or recompence to it. His love is so free, that it pitched it felf upon us, before we had any lovelines in us at all. When me were in our blood, he faid unto us, Live; and that was the time of love, it did not flay till we had our Ornaments upon us, but embraced us in our blood, in our most loathsome state; and of all seasons, that is the feason of love, the chosen time of love, Ezeb. 16. 7. 8. Christ loved us not upon the account of any fore-feen excellency in us, or upon any expedation of recompence from us: Nay, he loved

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us not only without, but against our deserts. Nothing in nature is found so tree as the love of Christ is; our thoughts therefore of this love going beyond all examples and inflances that are found among men, quickly lose themselves in an immense Ocean of free grace, where they can find neither

bank nor bottom.

The bounty and liberality of the love of Christ to his people, paffeth knowledge. Who can number or value the fruits of his love? They are more than the Sands upon the Sea-shore. It would weary the arm of an Angel to write down the thousandth part of the effects of his love, which come to the thare of any particular Christian in this world. Who can tell how many fins it pardons? The free gift is of many offences unto justification, Rom. 5. 16. How many dangers it prevents, or how many wants it supplies? This we know, that of his fulnes, we all receive grace for grace, Joh. 1. 16. But how full of grace Christ is, and how many mercies have, and shall flow to us out of that Fountain of love, this is unknown to men, to the best, wifest, and most observant men. O! if the records of the mercies of our lives were or could be gathered and'kept. what vaft volumes would they swell to? Tis true indeed, you have the total fum given you in I Cor-3. 22. All are yours, but it is fuch a number as no man can number.

The Constance of Christ's love to his People passeth knowledge: No length of time, no distance of place, no change of condition, either with him or us, can possibly make any alteration of his aft. Ct-

Sacramental Peditations.

ons towards us. He is the same yesterday, to day, and for ever, Heb. 13.8. It is noted also by the Evangelist, Joh. 13. 1. That having loved his own which were in the world, he loved them to the end. 'Tis true, his condition is altered, he is no more in this world converfing with his People, as he did once in the days of his Flesh: He is now at the right hand of God, in the highest glory; but yet his heart is the fame that ever it was, for love and tenderness to his People. Our conditions also are often altered in this world, but his love fuffers no alteration. Yea, which is much more admirable, we do many things daily that grieve him, and offend him, yet he takes not away his loving kindness from us, nor suffers his faithfulness to fail. We pour out fo much cold water of unkindness and provocation as is enough to cool and quench any love in the world, except His love; but notwithstanding all, he continues unchangeable in love to us. This Peter found, notwithflanding that great offence of his: No fooner was the Lord rifen from the dead. but he greets him in the ftyle of his former love and ancient respect, Go tell the Disciples, and tell Petera

So then, the love of Christ is a love transcending all Creature love, and humane Understanding. We read in Rom. 5. 7, 8. That peradvecture, for a good man, some would even dare to die: But we never find where any beside Jesus Christ would lay down his life for Enemies. It is recorded as an unparallel'd instance of love in Damonand Pithias, the two Sicilian Philosophers, that each had courage enough to die

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for his friend; for one of them being condemned to die by the Tyrant, and defiring to give the laft farewel to his Family, his Friend went into prison for him, as his Surety to die for him, if he returned not at the appointed time; but he did not die: vea, he had such a confidence in his friend, that he would not suffer him by default to die for him ; and if he had, yet he had died for his Friend: But such was the love of Christ, that it did not only put him under danger of death, but put him actually unto death; yea, the worst of deaths, and that for his Enemies. O what manner of love is this! We read of the love that Faceb had for Rachel. and how he endured both the cold of Winter, and hear of Summer for her fake: But what is this to the love of Jesus, who for us endured the heat of God's Wrath? Beside, she was beautiful, but we unlovely. David wish'd for Absolom his Son. Would God I had died for thee. But it was but a wifh, and had it come to the proof. David would have shrinkt from death, for all the affection he bare his beautiful Son. But Christ actually gave his life for us, and did not only wish he had done it. O love transcending the love of Creatures; yea, and furmounting all Creature-knowledge. The Uses fol-Lorso.

r. Use. If the love of Christ pass knowledge, O! then admire it; yea, live and die in the wonder and admiration of the love of Christ. As it is a sign of great weakness to admire small and common things, so it speaks great stupidity not to be affected with great and unusual things. O Christi-

an, if thou be one that converseft with the thoughts of this love, thou capft not but admire it; and the more thou studiest, the more still wilt thou be aftonished at it. And among the many Wonders that will appear in the love of Christ, these two will most of all affect thee, viz.

1. That ever it pircht at first on thee.

2. That it is not by formany fins quencht towards thee.

(1.) Tis admirable that ever the love of Christ pitcht at first upon thee; for are there not millions in the world of sweeter tempers, and better conflicutions than thy felf, whom it hath past by, and yet imbraced thee? Lord (faid the Disciples) how is it that thou wilt manifest thy self unto us, and not unto the world? Joh. 14.22. Surely he did not fet his love upon thee, nor chuse thee, because thou wast better than others, but because he loved thee.

(2.) It is admirable that his love to thee is not extinguished by fo many fins as thou hast commitred against him. Lay thy hand, Christian, this day, upon thy heart, and be-think thy felf how many have been the provocations, wrongs, and dishonours thou hast been guilty of against thy God, and that fince he called thee by his grace, and fet his love upon thee: What, and yet love the still! Yea, notwithstanding all, he is still thy God, and loves thee with an unchangeable love. O! with how many notwithstandings is his love continued to thy foul? All this is just matter of admiration and wonder for ever.

Is the love of Christ past knowledge? an unicarchable.

fearchable love? then learn whence and why it is that the fouls of Believers never are, nor can be tired in beholding and enjoying Jesus Christ. We use to fay, one thing is tiresome; and it is very true, if it be an earthly thing, it will be fo, how fweet or excellent foever it feems at first; and the reason is, because the best Creature-enjoyment is but a shallow thing, and a few thoughts will found it to the bottom; and there being no supply of new matter to feed the hungry foul upon, it is quickly. fated and cloyed with the repetition of the fame thing over and over, but it is far otherwise in Chrift; for though he be but one, yet in that one thing all things are virtually and eminently contained, so that every day he seems a new Christ for sweetness, and yet is the same Christ still. And in Heaven the Redeemed shall view him with as much wonder, and love him with as much ardour after millions of years, as they did at their first fight of him. O! there is no bottom in the love of Christ; it passeth knowledge.

3. In a word, beftow your beft and chiefeft love upon Chrift, whose love to you passeth all knowledge. Let no creature be loved equally with Chrift, but as his love to you passeth all Creature-love, so let yours to him be a matchles love.

Believer, Chrift loves thee with an unfearchable love, he loves thee more than the dearest striend, that is, as thine own foul loves thee. He loves thee more than thou lovest thy Child, or the Wife of thy bosom; more than thy foul loves thy body, with which it is so intimately united:

Zacramental Deditations.

united: And wilt thou content thy felf with such poor, narrow, remiß affections to Jesus Christ. O look upon him this day in his red Garments, behold him in the strength of his love breaking through the Curse of the Law, the Wrath of God, the Agonies of Death, to bring home the fruits of his eternal love to thy soul. And whilst thou are beholding and musing upon it, let thy heart melt, thy eyes drop, and thy very soul cry out,

Behold how he loved me !

Bleffed be Godfor Jefus Chrift.

A Hymn

UPON

Rom. 5. v. 6, 7, 8, 9, 10, 11.

Verfe.

6. WHEn we were deflicate of strength,
our setues to help or save,
Christ for ungoddiness at length,

his Life a Ransom gave.

7. For one that's Righteous, we would grutch to lay our life to stake,

Ind for a good man, it were much, fuch an exchange to make.

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8. But God his matchless love commends, in that Christ Jesus dies

For us, when we were not his friends, but wretched Enemies.

9. Much more being justified and free, through his own blood from sin,

From wrath to come we fav'd shall be, even by the life of him.

10. For if when Enemies for us, Christs death did end the strife:

Much more when reconciled thus, He'll fave us by his life.

11. Yea, more than fo, we triumph now in God with one Accord,

Having receiv'd Atonement through Christ Jesus our own Lord.

Wherefore to him, who is the first begotten of the dead,

Who over earthly Princes must, be supream Lord and Head: Even to him who lov'd us so,

to wash us in his blood, And make us Kings, and Priests unto

his Father, and his God: To him Dominion therefore, by us be given, when

This prefent world shall be no more; To which, we say, Amen,

FINIS.

